

2004

Laureate, 2004

Old Dominion University

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THE LAUREATE

REFLECTIONS OF CHANGE
OLD DOMINION UNIVERSITY



Alma Mater

Hail to thee our Alma Mater

Blue and silver, hail!

By the ocean's billows flying

See them proudly sail.

University, young and strong,

We lift our voices in this song

This our song of Alma Mater,

Old Dominion, hail!

*(Words and Music composed
by Robert Jager '70, '74)*



Seniors
Fine Arts
Greek Life
Student Organization
Sports
Student Life
Campus Traditions

3	Campus Traditions
12	Student Life
30	Sports
37	Student Organization
60	Greek Life
75	Fine Arts
86	Seniors

Spring 2004 - Reflections of Change

REFLECTIONS OF CHANGE

I am a reflection of change.
Shaped by the hands of diversity
I embrace all people
Tossed by the winds of wisdom
I empty the poison of close-mindedness
Wounded by the weapons of prejudice
I eschew violence

I am a reflection of change.

Shaped by the hands of diversity

I embrace all people

Tossed by the winds of wisdom

I empty the poison of close-mindedness

Wounded by the weapons of prejudice

I eschew violence

Change reflections
Defy statistics
Eradicate hate
Force change
And stand in opposition to every idea
That suppresses or oppresses the dreams of another
For we are all created to engrave miraculously manifested
dreams on the paper of time and space

I

Change reflections

Defy statistics

Eradicate hate

Force change

And stand in opposition to every idea

That suppresses or oppresses the dreams of another

For we are all created to engrave miraculously manifested
dreams on the paper of time and space

So this book is not a memory
It's a message
To breed unrest in every reader.
Will you look at what has passed,
And make fresh steps toward what is to come?
When all is said and done -

So this book is not a memory

It's a message

To breed unrest in every reader.

Will you look at what has passed,

And make fresh steps toward what is to come?

When all is said and done -

Do you reflect change?
Or
Does complacency reflect you?
Do you change reflections?
Or
Are you just staring at a picture in a puddle?

Do you reflect change?

Or

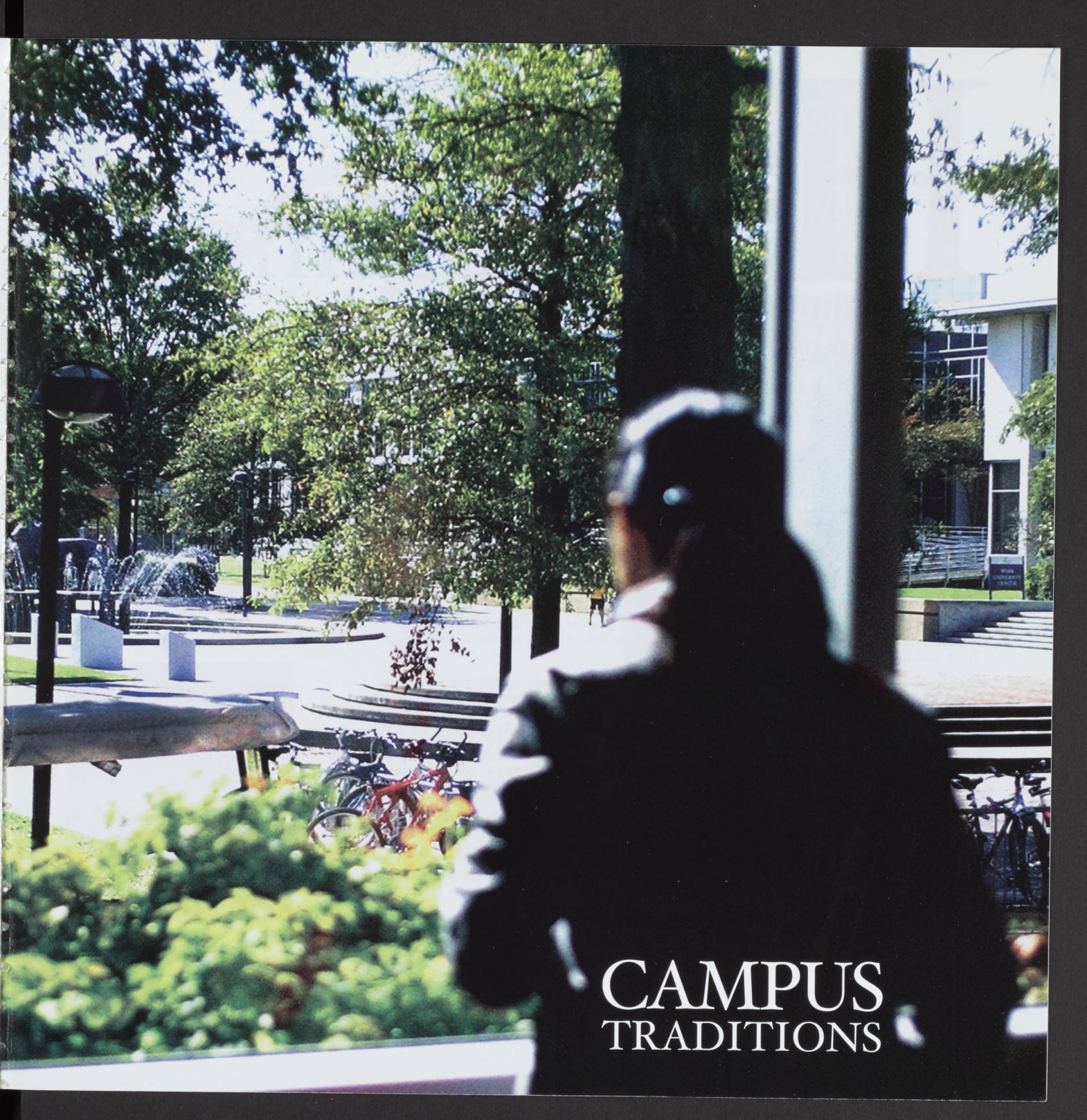
Does complacency reflect you?

Do you change reflections?

Or

Are you just staring at a picture in a puddle?

By Dominica Gray



CAMPUS TRADITIONS

H2003 omecoming

The Tradition Continues...

The Monarch Way

Homecoming 2003: The Tradition Continues.... The Monarch Way! was an incredible week. It began November 6th with a hilarious Chris Rock performance at the Ted Constant Convocation Center. This was followed by an equally great performance by the Evasons on Monday, November 10th. Jeff and Tess Evason are featured as "the world's greatest mind readers." It was a mind-boggling event for all!

Random Acts of Kindness Day was held Tuesday, November 11th. It was a great opportunity for students, faculty and staff to make 'kind kits' to show their appreciation of friends or colleagues. The 'kind kits' were made up of smiling goodies and kind notes. Cake was also available as a gesture of kindness from the Office of Student Activities and Leadership. Later that evening, the annual King and Queen Pageant was held in Webb Center. The competition was fierce as all contestants performed great acts and displayed excellent poise. It was especially exciting to see so many people cheering on the contestants. Congratulations to Brad Burton and Tabitha Daniel, our 2003 Homecoming King and Queen, and to Uliase Addison and Brian McGowan, our Princess and Prince!

The traditions continued on Wednesday with the annual Powder Puff Football Tournament co-sponsored by the Greeks. There were nine teams competing for 1st place, and the Women's Soccer Team won for the second straight year!

Thursday was Pride Day, and we showed our ODU pride with a Pep Rally for the Men's Basketball Team. The Pep Band, cheerleaders, Monarch Dance Team and Big Blue were present to add to the excitement. Later that day, the 3-on-3 Basketball Tournament took place in the Athletic Practice Gym. It was a great competition, but in the end, Team Rage beat Team Lambda Chi for the top prize.

Saturday was our biggest day of all! It started with the Homecoming Parade on Hampton Blvd. It was a great showing of floats, bands and student organizations. A special thanks goes to President Runte for being the Grand Marshall. After the parade, the family movie "Daddy Day Care" was shown in Webb Center to a packed audience. The Pre-Game tailgate, which took place on top of the Convocation Parking Garage, followed the Homecoming Parade. The turnout was great, and school spirit flowed from the tailgate and set the atmosphere for the Homecoming basketball game!

The Monarchs beat Lithuania in the exciting Homecoming game that went into overtime. With our students cheering the team to victory, all had a good time. Finally, the evening ended with an awesome fireworks display. It was a truly great Homecoming for Old Dominion University!

By Emily Gardner





HOMECOMING PARADE

The Homecoming 2003 Parade proved to be one of the high points of this year's memorable festivities. Thirty ODU organizations produced floats with the Homecoming theme for a chance to win the coveted best float trophy. The crisp fall day was the perfect setting for bands and many other members of the Norfolk community to celebrate the rich traditions ODU captures every year during homecoming. Monarch spirit was prominently displayed on Hampton Boulevard, where viewers got a glimpse of the ODU rallying of blue and silver pride.

By Karl Crudup

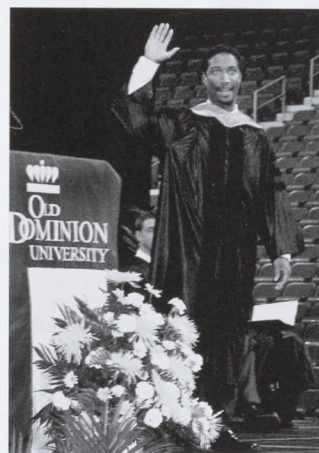


AGRAND AENTRANCE

Marlon Smith ended his charge toward success at the Tenth Annual Freshman Convocation by asking, "How many people have set personal goals? Where do you keep them?" Hands shot up throughout the room, and students proudly shouted their answers, "Posted on my mirror," "In my journal," "On my dresser," "In my head." After listening to the responses of fellow students, the students who did not answer paused to think about their personal goals and where they were kept. In the plush, Ted Constant Convocation Center on Sunday, August 24, 2003, an attentive hush covered the crowd of entering, freshman students as they waited for Marlon Smith to conclude his views on goals and how having personal goals factored into their future success as students of Old Dominion University. "If you don't have them posted, get them posted and begin to make a plan to get them accomplished," said Smith referring to his previous question. Throughout the room, parents and students alike could be found emphatically shaking their heads up and down in agreement with Smith's simple statement.

After students linked arms to sing "Lean on Me," Smith said his last words, and the program came to an end. Parents and faculty members approached Smith raving about the moving presentation. Students flocked to his table to purchase his book or shake his hand while they expressed how his speech was the best speech they had ever heard. Marlon Smith's eyes gleamed as he greeted each student with a big smile and took the time to write a message of encouragement in each book that was purchased. Anyone observing Smith's interaction with each parent and student perceived that his goal was to impart success in every life he came in contact with. And his thoughts, his talents, and his voice were his means to accomplish this goal.

By Dominica Gray



FOUNDER'S DAY

On a cool night on October 16, 2003, Old Dominion University's most prominent alumni and benefactors gathered with select students at the Ted Constant Convocation Center. The most prominent administrators on campus, including President Roseann Runte, Dr. Dana Burnett, and Don Stansberry, attended the gala event. Also in attendance were representatives from Student Senate, the Mace and Crown, Student Activities Council and various other student organizations.

President Runte played hostess, introducing the award presenters as well as cracking jokes to liven up the crowd. Awards were handed out to alumni for regional service, entrepreneurship, community service and philanthropy. President Runte presented the Albert B. "Buck" Gornto, Jr. Regional Service Award and the Distinguished Entrepreneurial Award to William K. Butler II and James S. Cheng respectively. The Town-N-Gown Award, an award that recognizes individuals who have shown a commitment to serving the community, was shared between the Office of Student Activities and Leadership and ACCESS – Tidewater Scholarship Foundation. W. Carroll Creecy received the Tim Miller Philanthropic Award for his support of ODU athletics and his success in his profession. Recognized as distinguished alumni were W. Lance Anderson, Daniel J. Barchi, Anne Donovan, Nanci Little Gosnell, Alton Jay Harris, Mary Maniscalco-Theberge, Mark H. Thiemens and Richard W. Turner.

The highest point of Founder's Day was the food and refreshments. From the door, attendees were greeted with a glass of sparkling apple cider, and they socialized with one another in the lobby. Once inside the court area, they were served a full course meal, including a salad, entrée and desert. The food was very upscale, stuffed chicken, fresh string beans and rice. During dinner, the United States Atlantic Fleet Band played patriotic tunes. At the end of the presentations, the Old Dominion University Diehn Chorale treated the attendees to a musical performance.

Founder's Day was a very elegant event. It showcased the successes and compassion of our alumni while igniting more pride in our great institution. Having the brightest minds come to Norfolk to celebrate Old Dominion's founders was a special and glorious honor.

By Micah Jones



MAINSTREET

Take a walk through Mainstreet!

At every step you find music, excitement, games, food, and fun. At every glance you find PEOPLE, mobs of people of all cultures joined together for one purpose – learning about student organizations and what's happening on campus. From 10am – 1pm, Mainstreet is an event that can be experienced with all five senses. On your left, you see swing dancers showcasing a dance routine or students tossing the football on the lawn. On your right, you smell barbeque being cooked by Dining Services. In front of you is a woman passing out free Vanilla Coke, and you pop the top for a refreshing vanilla taste to cool your tongue. From behind, you hear WODU charging the atmosphere with loud, modern music to suit the stylistic needs of all people. After watching students pose with Big Blue, the ODU mascot, you sense the community that exists on the ODU campus as students come together in the big, family-picnic ambiance created by Mainstreet. So next year, don't forget to stroll down Mainstreet. The stroll will remain etched in your memory for years to come!

By Dominica Gray





The annual ODU Pumpkin Drop is an exhilarating exhibition of the laws of physics in action. The Society of Physics Students sponsors this event that, at the expense of a few dozen pumpkins dropped from the top of BAL, demonstrates many physical properties of objects in freefall and their ensuing impact with the ground.

The SPS invites students at ODU to develop a 'pumpkin-catcher' that they think can slow the momentum of a pumpkin dropped from 10 stories without demolishing the pumpkin; most of these devices are successful. Other experiments are conducted to demonstrate physical properties, such as Newton's Second Law of Motion. The group drops two pumpkins of considerably different mass at the same time, and the two pumpkins still impact the ground at nearly the exact same time. The high-profile event serves as a dramatic demonstration of physics, and the inevitable pumpkin carnage serves as entertainment for all onlookers.

By Daniel East



The ODU PUMPKIN DROP

WHITE RIBBON CAMPAIGN

Counseling Services, the Men's Center Without Walls, Old Dominion University Student Senate, the Virginia Male Adolescent Network, Phi Beta Sigma Fraternity, Inc., Student Athlete Mentors (SAMS), the Virginia Department of Health-Male Sexual Assault Prevention and the Response-Sexual Assault Support Services sponsored the White Ribbon Campaign held from October 20 through October 24. As a part of the White Ribbon Campaign, the men of ODU and other supporters joined together to support the 8th Annual Candlelight Vigil on Monday, October 20, 2003 and its goal of ending violence against women. Antwoine Haywood, president of the National Pan Hellenic Council and a member of Phi Beta Sigma Fraternity, Inc., said, "the Candlelight Vigil was a wake up call for many people. However, it was comforting to learn that 'one man' can play a factor in stopping sexual assault."

The White Ribbon Campaign began in 1991 in Canada on the anniversary of the 1990 "Montreal Massacre," engineering student Mark Lupine's murder of 14 women at the University of Montreal before he committed suicide. Lupine felt his opportunities were being taken away by women. In his words, "Feminists ruined my life."

The initial campaign was an effort to get men to show their support for ending men's violence against women. Supporters of the campaign distributed white ribbons at schools, churches, shops and places of employment. As the campaign became highly visible, men's violence against women became a subject of public discussion and debate. During White Ribbon Week in 1993, it was estimated that one in nine men wore white ribbons, including the Prime Minister and other prominent national figures. The larger goal, to develop a nationwide, men's anti-violence network, is well underway.

Article gathered from Canadian White Ribbon Campaign Flyer, Mary Washington College and ODU White Ribbon Campaign Flyer.

MONARCH FAMILY WEEKEND

Old Dominion University sponsored the first Monarch Family Weekend in October of 1986. In 1988, over 1,000 students and family members participated in the events of the weekend. Four years ago, the participation in the Monarch Family Weekend dwindled, and the University discontinued sponsorship of the event.

In January of 2004, the Monarch Family Weekend tradition was revived with amazing success. Themed with a mardi gras style, over 250 students and family members participated in two days of planned activities to familiarize family members with the University. The weekend included two continental breakfasts. The Division of Student Services breakfast introduced families to the services the University provides students to ensure a successful, well-rounded University experience. The Catholic Campus Ministry hosted another breakfast to introduce families to the CCM and its services to students. Family members enjoyed fun games and meaningful discussions during CCM continental breakfast. The Greek Carnival attracted a great amount of interest. Families and students crowded into the gym to watch a Greek step show, eat carnival foods and play fun games. The planetarium presentation by Dr. Chris Hanna was out of this world, and many families walked away from the presentation awed by Dr. Hanna's exhibition of the stars and galaxies. After attending a reception with President Runte, many family members commented on her warmth and sincerity as she moved from table to table, personally greeting and initiating discussions with each family in attendance.

The entire weekend was full of exciting festivities that parents will remember for years to come. Even though parents were tired at the end of the weekend, many families left ODU with a positive experience and very positive comments and suggestions for next year.

By Dominica Gray





STUDENT LIFE

GET INVOLVED!

Getting involved is one of the most memorable aspects of college life, and the Office of Student Activities and Leadership offers extensive opportunities for you to do just that.

Student organizations are designed to help you develop your leadership and interpersonal skills.

The Office of Student Activities and Leadership is responsible for the management of over 180 student organizations. This includes honorary, political, professional, religious, service, governing and special interest groups. The office also directly advises several major organizations on campus such as WODU, Mace & Crown, the Student Activities Council and the Student Government Association. Whatever your interest, there is probably a student organization you can join. If not, it's easy to start your own!

Back To School Jump Off

What's the best way to start off the school year? How about a concert that doesn't give you a minute to catch your breath between acts? That's exactly what happened on September 13, 2003. The Jump Off, sponsored by the Student Activities Council, blew the roof off the Ted. Artists including, Lil John and the Eastside Boyz, Chingy, Freeway, the Ying Yang Twins, and Cam'ron and the Diplomats gave mind-blowing performances to a sold out crowd of over 6,000 screaming fans.

The pounding music, flashing lights, and energy of the crowd combined to create a concert that jumped off everyone's semester with a bang. But what the crowd didn't see was what happened backstage. Some members of SAC were given a rare opportunity to meet the performers before and after they went on stage. It was quite a sight to see our students taking pictures with the Ying Yang Twins and asking Juelz Santana for his autograph. It's always fun to see the celebrities you admire up close and personal. So congratulations to SAC for giving ODU a fantastic show! Can't wait until next year!

By Tiziana Garner

Leadership Lab

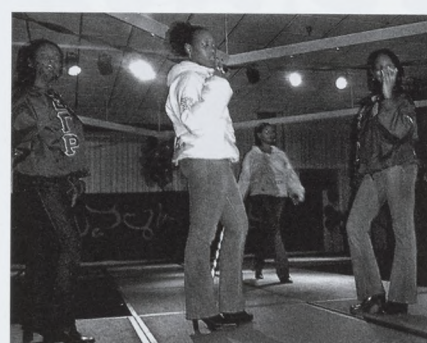
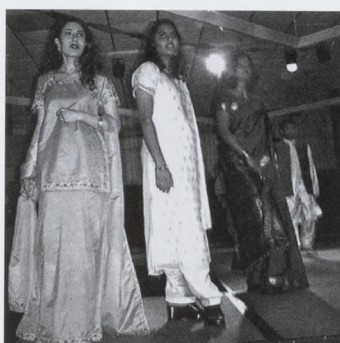
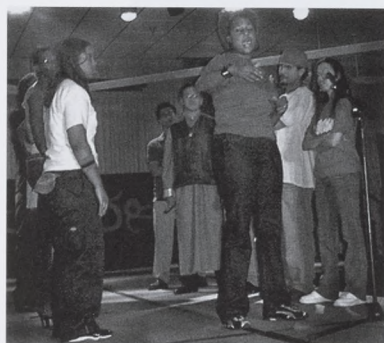
"Get in the Game"

On October 4, 2003, the Office of Student Activities and Leadership successfully sponsored the annual Leadership Lab. Over 200 Old Dominion students attended the 2003 "Get in the Game" Leadership Lab. During six hours of leadership sessions, students obtained clear insight on how to effectively lead their organization. The breakout sessions included information that ranged from how to produce Old Dominion University merchandise to how to find personal truth in leadership. But the highlight of this year's Leadership Lab was a national known keynote speaker, Dr. Will Keim. With his honest, attention-grabbing presentation, Dr. Keim floored the lab participants. After hearing Dr. Keim speak openly on the important qualities of a strong leader, many students were moved by his words and requested his return for future labs. Because community service is a key component to establishing essential leadership skills, all of the students had the opportunity to participate in noteworthy community service projects during lunch. They were asked to write encouraging letters to the troops so The Office of Student Activities and Leadership and the Old Dominion student community could send holiday cheer to the men and women who defended our country overseas. At the end of the day, Dr. Keim spoke briefly to ODU's. In his speech, Dr. Keim encouraged all ODU leaders to lead by example and understand that being a leader is unique in itself.

By Meagan Sventek



“CuLtUral eXplOsioN”



“You Think You’re Ready?”



Culture erupted throughout the evening of Wednesday, October 8, 2003 as 16 student organizations, two spoken word artists and one, all-male singing group showcased their cultural talents for over 800 students, faculty, staff and community members in the cafeteria of Webb Center. The mood was set with low lights, black and red balloons and tablecloths and cultural cuisine. No one envisioned that such a radical idea would have such an explosive turnout, but it all started with a vision to bring all cultural groups together in a unified effort to impact the campus with the strength of diversity. The massive amount of time and energy expended by the students, student groups and staff members of Multicultural Student Services resulted in a cultural compilation that set a precedent for the ODU community. Never before has the University seen so many different groups join together to break down cultural barriers and creatively show everyone in attendance what “culture” really is. “Culture” is not a stereotypical dress or persona associated with a particular cultural group; “culture” embodies unique characteristics that distinguish one cultural group from another. The Cultural Explosion highlighted these unique characteristics and brought everyone together for an awe-inspiring program of dance, cultural fashion shows, singing, poetry and matrix-like tabletop tennis. In the end, Multicultural Student Services provoked the audience with the question “You think you’re ready?” In response to the challenge, the ODU community powerfully answered “Yes!,” and history was made.

By Dominica Gray

"Declaration On Racism"

Equality

As a part of the 2003 Diversity Lab "No Hate Know Love" and Old Dominion University's observance of End Racism Day, President Roseann Runte made the following "Declaration on Racism":

Whereas this nation was founded on the principle that all people are created equal, and racism, classism, creedism, heterosexism, and sexism are the belief in the superiority of a particular race, economic or social class, creed, sex, or sexual preference expressed through prejudice and antagonism toward others;

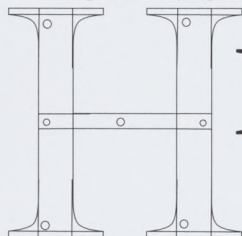
Whereas this is an academic community dedicated to learning, to sharing knowledge, discoveries, ideas, wisdom, and lessons from our past demonstrate that understanding of others is key to peaceful coexistence;

Whereas the United Nations declared tolerance to be a quality for which all peoples should strive, and we are a community representative of the peoples of the world;

We hereby resolve to dedicate ourselves to harmonious coexistence, to respect for others and their right to express their opinions. We respect the standards of polite conversation. We reaffirm the quality of all people, men and women, of all races, of all creeds, of all social and economic backgrounds, or sexual preference. All people who have met the standards at this university and who follow the regulations, are equal in the eyes of their professors and their peers. All have the right to study here without prejudice, free from antagonism.

We pledge ourselves on this 10th day of April 2003 to be a model community for our country and for the edification of future generations.

Do you know your University's



ISTORY

60 Years Ago

William and Mary President John Stewart Bryan decrees that students transferring to W&M from the Norfolk Division must spend at least two years of study at the Williamsburg college. Previously, some students were able to earn three years of course credits at the Division. The new policy deprives the Norfolk Division of about 50 students and their fees at the start of the following school year.

50 Years Ago

The Norfolk Division awards 89 Associate in Arts diplomas, 26 with honors, in June.

40 Years Ago

More than 1,000 students attend summer school, the largest summer enrollment in the history of the Norfolk Division.

Five additional faculty are employed for the business division: Hardin, St. Clair, Teich, Minton and Reed.

30 Years Ago

In September, Lewis W. Webb announces his intention to retire from the presidency of Old Dominion College. He stays in the position for two more years while the Board of Visitors seeks a successor, retiring in the summer of 1969 after having served as the school's chief administrative officer for 23 years.

William I. Foster Jr. '60 begins his duties as new president of the Alumni Association. He succeeds Donald E. Wirt '60.

Old Dominion holds its first summer commencement exercises Aug. 20 at Webb Center.

20 Years Ago

President Alfred B. Rollins Jr., with the assent of the Board of Visitors, gives Old Dominion's women's sports program its biggest boost in

47 years by dramatically increasing Lady Monarch budgets and adding four new athletic positions. The first women's tennis scholarship ever awarded by the university goes to Pat Shaulis of New Jersey.

Marianne Stanley is named women's basketball coach in June. The "Scrap" Chandler Pool is dedicated on Aug. 13.

The grassy area between the New Administration Building and Old Administration Building (now Rollins Hall) is named the Williamsburg Lawn.

10 Years Ago

Three nationally recognized oceanographers join the faculty, thanks to the Slover Fund the university received a year ago in March. They are Gabriel T. Csanady, A.D. Kirwan Jr. and Donald J.P. Swift.

President Joseph M. Marchello announces a major endowment for the Academic Honors Program, a \$110,000 gift from Mr. and Mrs. Jay G. Cranmer of Moorestown, N.J. The Board of Visitors approves the establishment of an Institute of Asian Studies and a Wellness Institute and Research Center.

The University Medal, Old Dominion's highest award for service, is presented to Hampton native and former broadcast executive Thomas P. Chisman.

Wendy Larry '77 (M.S.Ed. '82) is named coach of the women's basketball team on July 6.

5 Years Ago

President James V. Koch inaugurates a number of educational and recreational summer programs for youngsters from the nearby Lamberts Point neighborhood.

Jo Ann Gora, dean of the College of Arts and Sciences at Fairleigh Dickinson University, is introduced to the university community July 31 as Old Dominion's new provost.

An agency representing Anita Hill, the University of Oklahoma law professor who gained national attention last year for her testimony during the confirmation hearings of U.S. Supreme Court justice nominee Clarence Thomas, announces that she is canceling her scheduled Sept. 24 appearance for the President's Lecture Series because of a potentially hostile response.

Herbert Lee Sebren, professor emeritus of English, dies Aug. 7. Sebren retired from Old Dominion in 1987 after teaching 44 years in the English, music and education departments.

James Antonick is hired to head the new Tri-Cities Center in Portsmouth.

Article courtesy of: "Looking Back." *Old Dominion University Alumnews*, Summer 1997. Volume 3. Number 2.

“THE PRESERVATION OF LIBERTY AND JUSTICE FOR ALL”



We've all heard about gays in the military, gay clergy members, and gay marriage in the press and in the pulpit. We've all heard about *Queer Eye for the Straight Guy*, *Queer as Folk*, and *Will & Grace* on both cable and network television. Opinions about

these topics can come from every hue on the political spectrum and can be tinted by the lenses of any culture or value system that views them. They can also be shaded by closed-mindedness and misinformation. But regardless of how we hear about them, depictions of gay people and discussions about gay rights are more prevalent in our society than ever before. What most people don't realize is that gay rights don't just make things better for gay, lesbian, bisexual, and transgender people, they help create a more open, inclusive, and accepting environment for everyone. Here are some ideas about what anyone can do to preserve liberty and justice for all, regardless of what gender they were born, what gender they may become, or what gender (or genders) they love.

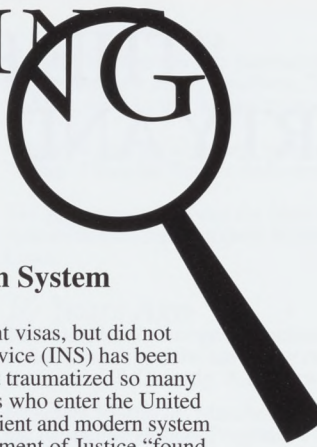
Five Ways That Individuals, Families, and Organizations Can Create Equality

(Adapted from a section in *A More Perfect Union: Why Straight America Must Stand Up For Gay Rights* by Richard D. Mohr, professor of philosophy at the University of Illinois at Urbana)

- 1 Acknowledge the fact that gay, lesbian, bisexual, and transgender people are an integral part of our culture. You work with us, you learn from us, you affect us...and you may not even realize it because you're looking for a stereotype of what society says we're supposed to look like.
- 2 Anti-gay slang words and jokes only perpetuate hatred and bigotry. Muster up some moral courage and confront inappropriate terms when referring to gay, lesbian, bisexual, and transgender people.
- 3 Examine your own heart to determine whether the anti-gay beliefs held by your culture are to promote hatred and rationalize violence and discrimination against gay, lesbian, bisexual, and transgender people. It's easy to generalize an entire group of people, but don't forget that any group is made up of unique, special individuals. You are the only person who can decide what is right to you.
- 4 Learn, learn, learn. Before you make a judgment, seek to understand through knowledge and interaction. Talk with a gay, lesbian, bisexual, and transgender persons and learn from each other.
- 5 This movement—like other movements in the past—is for equal rights, not special rights!!! Second-class citizenship has been ascribed throughout history to groups of people who are simply expressing those unchangeable, inborn aspects of who they are.
- 6 The key is to recognize and value our differences instead of immediately judging them as inferior or wrong.

By Laura E. Dvornicky

ARE YOU BEING TRACKED?



SEVIS: Student and Exchange Visitor Information System

"Two of the September 11 terrorists entered the United States on student visas, but did not attend school."¹ For this reason the Immigration and Naturalization Service (INS) has been scrutinized for the role it could have played in preventing the attack that traumatized so many Americans. INS' paper system for tracking foreign students and visitors who enter the United States has been inefficient, and some US officials believe that a more efficient and modern system could have prevented the attack on the World Trade Center. The Department of Justice "found the INS' adjudication and notification process to be untimely and significantly flawed."²

In response to the inadequacies highlighted by September 11, the INS created the Student and Exchange Visitor Information System. The system is "an Internet-based tracking system that requires schools to regularly report on foreign students' status – whether they drop out, fall below the full load of coursework required for their visa status, graduate early or face disciplinary action. [The] information [would] be available at all U.S. ports of entry, at visa offices overseas and to U.S. law enforcement officials. [It] will give immigration authorities their first ever means of identifying every foreign student in the country."³

SEVIS may provide consolation to Americans who, after September 11, want the United States to take extra measures to ensure American safety from terrorists, but it has shifted a major portion of addressing such a demand to American universities that accept foreign students into their programs. "A school's previous efforts on behalf of foreign students largely were confined to making them feel at home in a very different cultural setting. Now, there is a watchdog relationship" says Michael A Brzezinski, director of Purdue University's foreign student office.³ Many international services administrators are now swamped with making sure the information for each international student is updated and correctly recorded in the system. One wrong number could mean the difference between a student remaining in the United States to finish his/her studies or returning to his/her home country.

The system proposes a separate set of concerns for each international student. Is his/her right to privacy being exceedingly infringed upon by the constant surveillance of his/her actions? International students are walking around slightly on edge because one wrong move, even by accident, could send them back to their country prematurely. Instead of being able to completely focus on their studies, international students must be constantly aware of the need to report the slightest change in academic plans and report any prolonged absence from class, even in cases of sickness. "Claire Yi, a graduate student from China in the liberal arts program at Pennsylvania State University, says 'I have been in the program for three years. I changed my residence once and informed INS, as required by the new regulations, but my biggest worry is whether I will be able to come back or not, if I go home for vacation.'"³

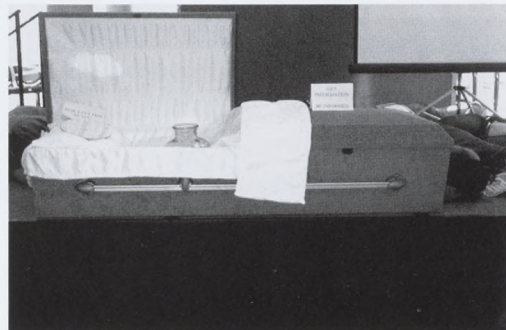
By Dominica Gray

¹Meserve, Jeanne. "International student registry deadline arrives." . Friday, August 1, 2003.

²Frieden, Terry. "Visa fiasco blamed on 'widespread failure' in INS." . May 20, 2002.

³Sinha, Vidushi. "New database targets student visa." . October 23, 2003.

"The Faces of AIDS"



WORLD AIDS DAY

At 12:45pm on Tuesday, December 2, 2003, throughout the Webb Center, normal-looking students began to scream as their friends dropped to the floor, "dead". Some students stopped and stared in disbelief as, one-by-one, students near the cafeterias, in front of the bookstore, on both sides of the Campus Information Center dropped dead. No one knew what was going on until students throughout the Webb, wearing red shirts and ribbons, began to speak. "According to the CDC, in 2003 there are 42 million people in the world living with AIDS/HIV. HIV and AIDS claim 8,000 lives every day. More than 70% of all HIV infections worldwide occur through heterosexual sex. In 2003, it is estimated that there are 10,820 males and 4,060 females in Virginia who have HIV. Norfolk, Virginia is ranked number 22 in the total number of AIDS cases with a total of 4,124. Please pay attention and stop the cycle."

And as the "dead" students stood up to walk to the center stage of South Mall and once again fall dead around an open casket, observers realized that it was all an act, a dramatic re-enactment with a powerful message that awakened spectators to the seriousness of HIV and AIDS. "AIDS affects us all. It does not discriminate based on age, race, gender, or sexual orientation. Because it affects us all, we must all join the fight." The diversity of the students who participated in "The Faces of AIDS" re-enactment brought this message to life, and quickly, you realized that HIV/AIDS could affect anyone, your closest friend or the stranger that brushes past you on any given day. The message was effective because students stopped at the information table to learn more about HIV/AIDS and picked up free condoms from a jar inside of an empty casket bearing a pillow with a mirror on it and a message saying "This could be you." No one wants to be "you" when the opportunity to take precautions exists. On December 1st and December 2nd, the University did its part in advancing the fight against HIV/AIDS as it observed World AIDS Day.

By Dominica Gray



"Why do you Relay?"

That was the driving question that team captains asked each other during their participation in Old Dominion University's Relay for Life. Relay for Life is a non-profit event that benefits the American Cancer Society and its fight against cancer. Relay is a nationwide mission, but ODU hosts its own each year. Students, faculty and staff all take part in planning every aspect of the event.

Planning for the ODU Relay began in August as the event date, time and location were decided. In October, the planning committee was formed. Planning a Relay takes several individuals, and each individual has a particular area of responsibility. Once the committee was formed, teams were recruited. For ODU Relay 2003, over 45 teams signed up and raised money to help fight cancer.

Several fundraising workshops and team captain's meetings were held, and excitement grew in anticipation for the big day. As Relay week fast approached, so did the rain. Relay for Life is typically an outside event, but due to torrential downpours, Relay 2003 was chased into Webb Center. Teams were extremely flexible and handled the move indoors very well. The event kicked off with a welcome from Sandra Parker, Channel 13 News Anchor, and words of encouragement from ODU President, Dr. Runte. There was live music, DJ's and plenty of fun and games!

The fundraising goal for Relay 2003 was \$25,000, and that goal was met by midnight at the Relay. By sunrise, ODU had raised over \$31,000 to help find a cure for cancer. ODU Relay for Life is an annual event, and the goal for Relay 2004 is \$35,000 with 50 teams participating. Do your part to help fight cancer—visit www.odurelay.com for more information about getting involved.

By Dan Thorpe



Relay For Life

The Habitat for Humanity Project

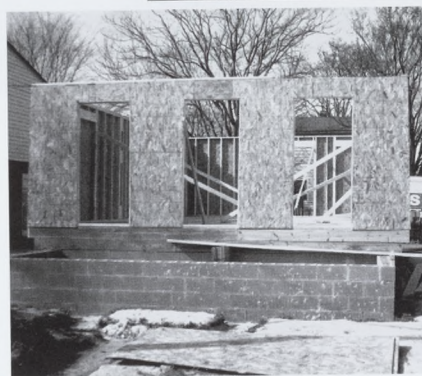
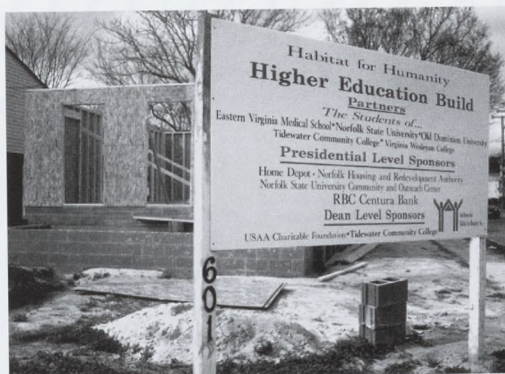
Over the last year, ODU has collaborated with Norfolk State University, Tidewater Community College, Virginia Wesleyan College and Eastern Virginia Medical School to realize a common vision. These five schools have embarked on the first Higher Education Build for Habitat for Humanity International, a worldwide housing ministry that has been building houses for low-income families since 1976. The end result of the project will be a house located in the Norfolk area, to be built solely by volunteers and the future occupants of the house. The occupants will only need to pay for the cost of the house since Habitat is a non-profit organization.

James Reese, a student at Norfolk State University, led the five schools in the project. Each school had the daunting task of fundraising \$11,000 before plans to build would be finalized. On October 5, 2003, the groundbreaking took place at the site in Norfolk. As speeches were made and a prayer blessed the project, the goal of a new house began to materialize as the project committee members and project sponsors eagerly used shovels to turn the first piece of dirt at the empty site.

Meagan Sventek, graduate assistant for the Office of Student Activities and Leadership, spearheaded the recruitment of ODU students to volunteer their time to help build the house. The building of the house began on November 5, 2003, and many student organizations at ODU stepped up to the plate to volunteer.

Millard Fuller, one of the co-founders at Habitat for Humanity International, gave an inspiring speech at ODU in September of 2003. Discussing Habitat's goals and accomplishments relating to the elimination of substandard housing across the world, he ignited the desire of ODU students to participate in this project for the community. This year, the Wesley House at ODU helped form a campus chapter of Habitat for Humanity. Becoming one of the biggest student organizations on campus is a big goal, but ODU chapter members are eager to make the effort for such an important cause.

By Pam Majumdar



Five Colleges: *A Shared Goal*

KINDNESS DAY KINDNESS DAY

KINDNESS DAY



In recognition of National Kindness Week (Nov. 10th –15th) and as a part of ODU's Homecoming 2003, *The Tradition Continues ...The Monarch Way*, the Student Activities Council and the Office of Student Activities and Leadership sponsored Kindness Day on November 11, 2003. The day included several events that celebrated kindness and appreciation of others.

All over campus, random students received rides on the "Kind Cart," the golf cart used to take students to class. From 11:00am to 2:00pm, students received a variety of coupons, candy and freebies as they entered the Webb Center. Also in the Webb, students enjoyed cake and punch and assembled "Kind Kits" for others as an expression of gratitude. Student Senate contributed by sponsoring a campus beautification project that consisted of students planting a thousand daffodils around Oceanography Pond during Activity Hour. The theme of the day was to perpetuate the spirit of thoughtfulness by performing random acts of kindness for Old Dominion students and faculty.

By Simone Brehon

Our Faculty ROCKS



As a student, have you recognized one of your professors lately for the outstanding job he/she has done helping you maintain success in your academic career? If not, you should! When students want to exhibit their appreciation and gratitude to those academic faculty members who provide them with exceptional service and support, they can nominate professors for the "Faculty of the Month" award created by the Office of Student Activities and Leadership. The program was designed to reward faculty members who are truly dedicated to improving the academic experience for students at Old Dominion University. Every month, two winners are chosen based on the professor's specific interactions with students both inside and outside of the classroom. Winners of this award are recognized by the dean of their respective colleges, awarded a certificate and given an Old Dominion University pin.

For their dedication to student academic success, the honor of the "Faculty of the Month" award has been conferred upon:

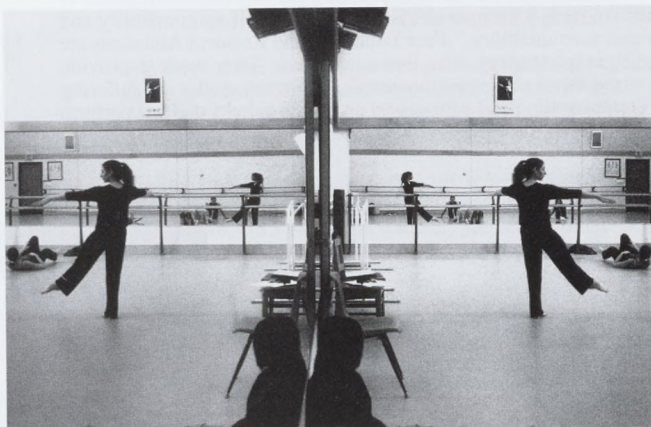
Dance professor Amanda Kinzer and Mechanical Engineering professor Dr. Sushi L. Chaturvedi (September 2003 award winners)

Political science professors Dr. Jie Chen and Dr. Jim English (October 2003 award winners)

Economics professor Melanie Rose and Honors College Dean Dr. Louis Henry (November 2003 winners)

Information Technology professor Kathryn Strozak and Education professor Gail Taylor, (January 2004 award winners)

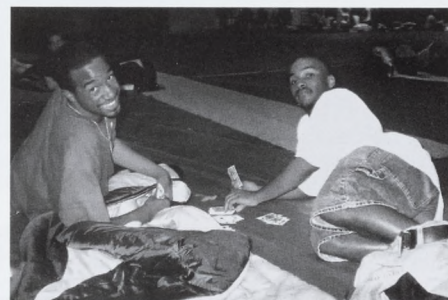
By Simone Brehon



"The MISSION"

The mission of the Office of Residence Life is "to create an inclusive, safe environment that promotes community and fosters student learning and development. We strive to promote purposeful communities in which students partner with staff to develop self responsibility and personal accountability." Peer Educators and Resident Assistants are hired to assist students who live on campus. They work to provide support in times of distress, academic help when grades are suffering and create exciting and educational programs to help students perform successfully in the classroom and in life.

By Matt Gilchrist



Residence Life



Working The Halls

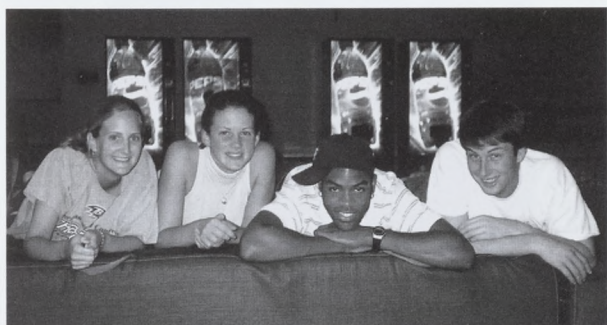
Peer Educators and Resident Assistants, many times, are the ones who add the "flavor" to dorm life. They are the central people in every dorm who create and maintain that sense of community that students need, especially those who are living away from home for the first time. Here's what a few resident assistants had to say about their experience:

Although it can be tiresome trying to meet the many deadlines and chasing down residents for them to sign important paperwork, I enjoy being able to work with all my residents (whether they like me or not :)).
-Anthony Townes

"Being an RA is a unique and challenging experience. It is rewarding for both the students and myself. At times I may get frustrated and a little worn down, but I would not trade my job for anything. Making a difference in the lives of my residents is what makes this job worthwhile. Helping people is my passion."
-Charmelle W. Washington

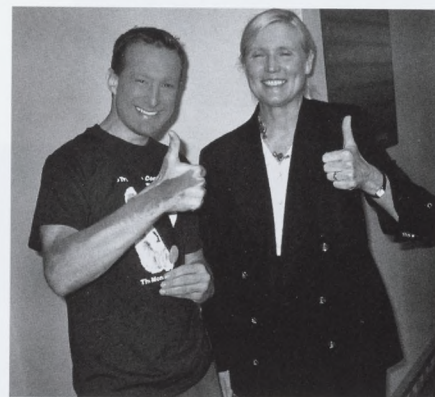
Being an RA has made my experience at ODU better than I had expected. I never thought I would feel this good about myself and others. The job is truly rewarding.
-Tia Rice

Residence life has given me the opportunity to become a very well-rounded student. As an RA, I was able to polish my interpersonal, leadership and time-management skills. I enjoy working with freshman and helping them adjust to the University. In my opinion, being a PE or RA is a great way to meet people and develop skills that are necessary in our careers.
-Matt Gilchrist



Catch The Spirit

Spirit Friday, a day growing in popularity and endorsed by the Student Senate, is a new school tradition. Spirit Friday is a weekly event designed to promote school spirit. Each Friday, the "Spirit Crew" storms the campus, handing out prizes to people who are wearing any form of ODU paraphernalia. To make things more interesting, winners also get to have their pictures taken with the "Blue Bandit," our very own spirit mascot. So represent ODU pride by wearing your blue and silver every Friday! And be on the lookout, the spirit crew could be coming your way!



ARE YOU A MANIAC?



Monarch Maniacs

Sometimes you may find yourself wandering around campus between classes and see a lot of students wearing shirts saying "I'm a Maniac!" You may wonder to yourself is this a group of students that are on loan from a clinic for a psychology research project. The truth is you have found an energetic student who is determined to show his or her Monarch pride on campus. You, my friend, have found a student who is one of 600 Monarch Maniacs.

The Monarch Maniacs are a group of students that like to show their school spirit by supporting Old Dominion athletic teams as well as other school spirited programs like Spirit Fridays and Homecoming. Members of this VIP club get exclusive access to athletic events, pre and post game parties and the opportunity to win tons of prizes including a \$2,000 scholarship for a semester! Maniacs also receive weekly e-mail updates to keep them informed of campus activities and upcoming athletic events. Members also have the opportunity to attend road trips to support our athletic teams while on enemy territory. This past year, the Monarch Maniacs took four road trips to the University of North Carolina - Chapel Hill, Virginia Commonwealth University, George Mason University and the Pioneer Electronics Colonial Athletic Association Men's Basketball tournament to cheer on their Monarch and Lady Monarch basketball teams.

In October 2003, Monarch Maniacs experienced all the bells and whistles of the Ted Constant Convocation Center (aka "The Ted") before the general public in a special Basketball Preview Party. This party featured prizes, free food, games, performances by the Old Dominion University Monarch Pep Band and the opportunity to meet members of the Monarch and Lady Monarch athletic teams. Maniacs had the chance to preview the new introduction ceremony (a new tradition that takes place at "The Ted"). This event has received a lot of attention from fans because of the excitement the intro creates before the start of every basketball game. The Monarch Maniac program entered its second year of rebirth here at Old Dominion with a fresh group of students foaming at the mouth to show their Monarch pride and have some exclusive fun while doing it. Everyone should become a Monarch Maniac. You will never regret it!

By Trey Mayo





UNIVERSITY SPORTS

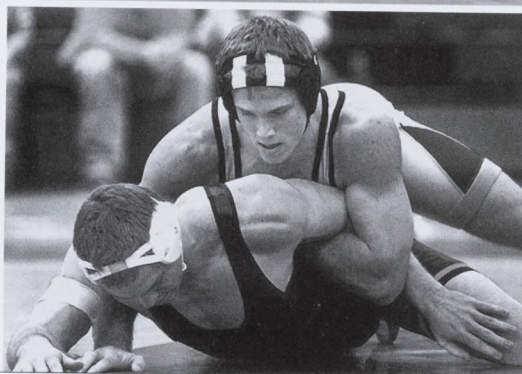
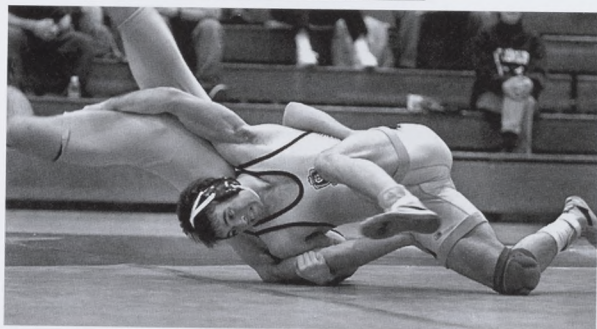
HISTORY OF THE MONARCH

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs. For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves. The name Monarchs evokes much of the early history of the Commonwealth of Virginia and Old Dominion's mother institution, the College of William and Mary.

The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs." The Monarch used by Old Dominion is a royal crown on a lion's head, representing a historic past and a strong future.

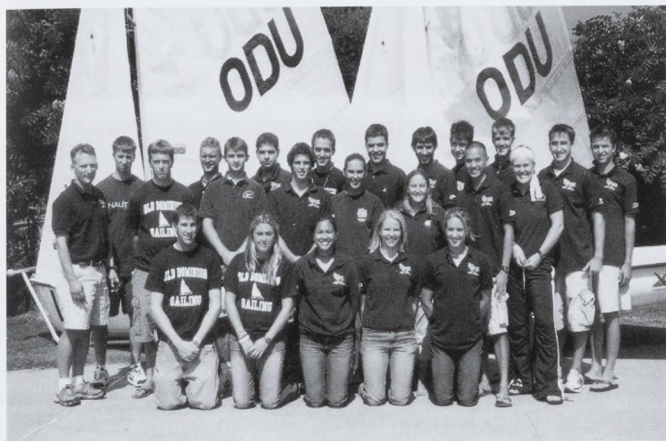
*Article courtesy of
Old Dominion University
Athletic Department*

Wrestling 2004

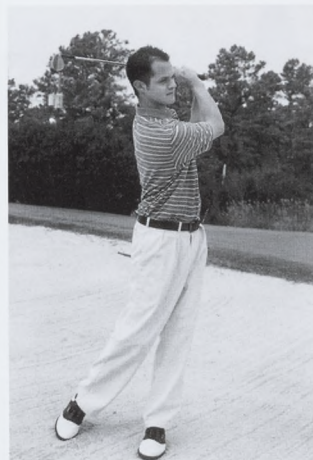


Soccer 2004

Golf 2004



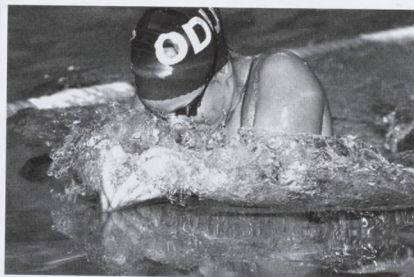
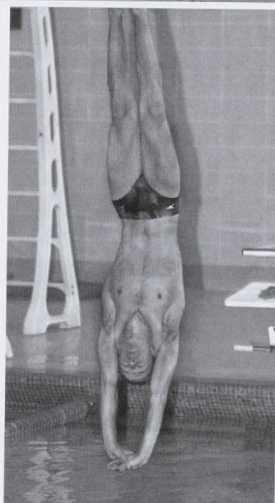
Sailing 2004



Men's and Women's Swimming 2004



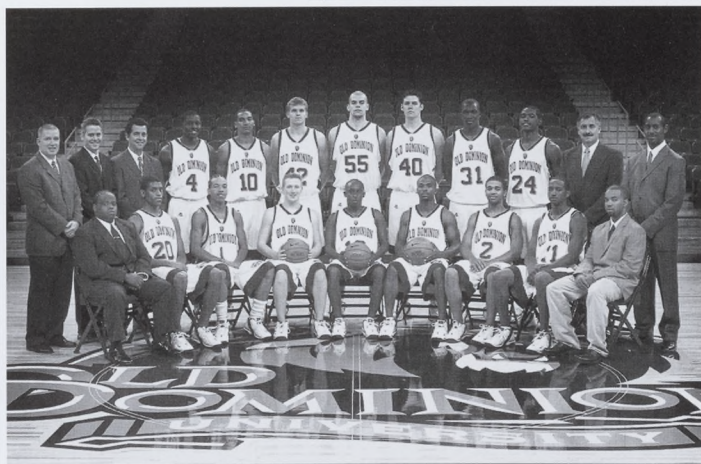
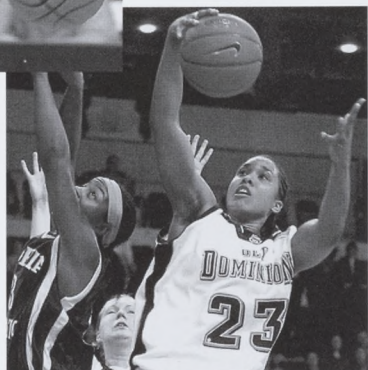
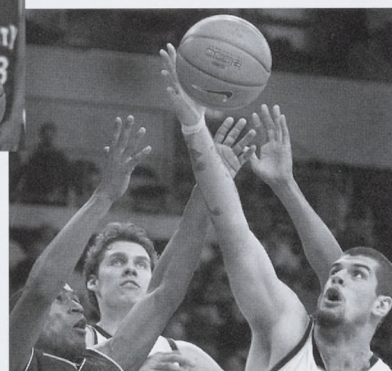
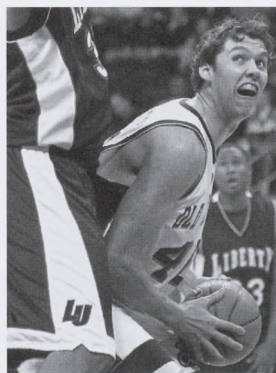
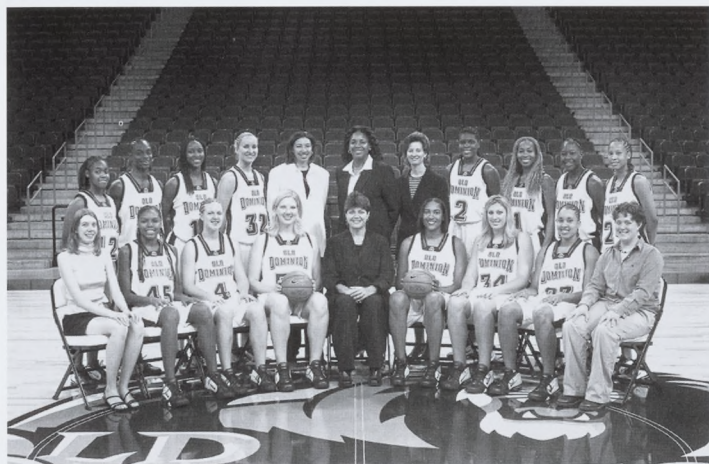
Women



Men

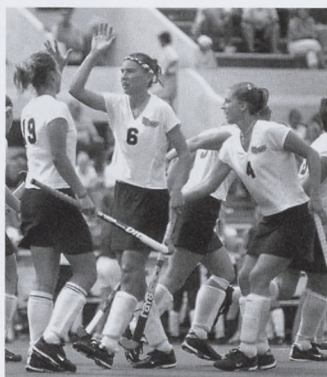
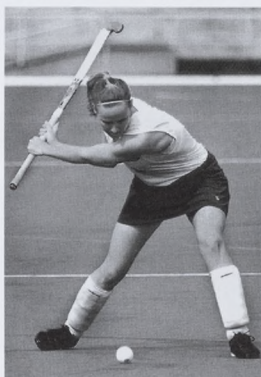


Men's and Women's Basketball 2004



Lacrosse

2004

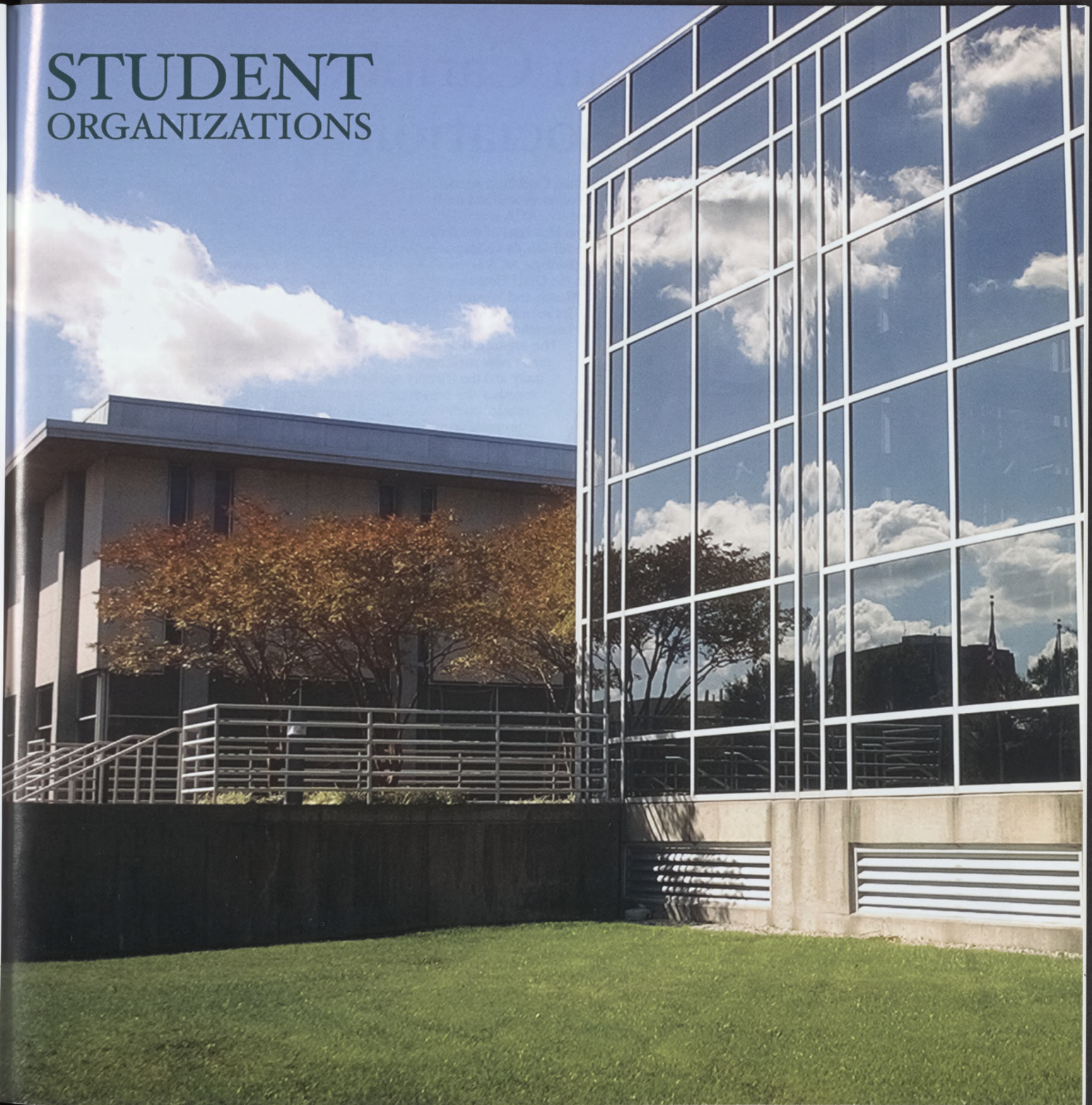


Field Hockey

2004



STUDENT ORGANIZATIONS



African Caribbean Association

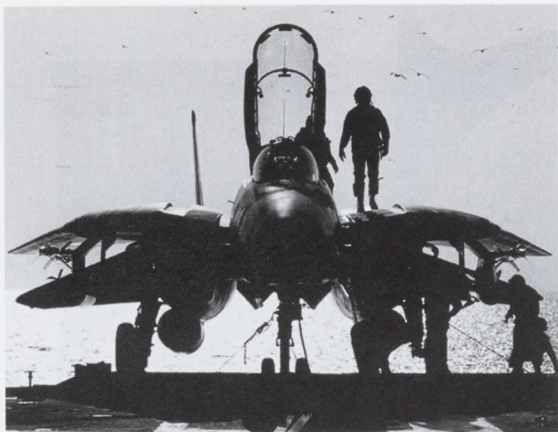
The African Caribbean Association, also known as ACA, is a campus community dedicated to the enhancement and unification of African and Caribbean students at Old Dominion University. ACA was officially recognized as a university organization in Spring 2001. Sylena Hutchins of the Bahamas served as ACA's first.

In addition to sponsoring discussions, soccer games and various forms of social gatherings, ACA is very active in a wide variety of campus activities. It participates in the ODU Homecoming Parade and organizes activities to promote Black History Month and Women's History Month. ACA also encourages community service. Its members volunteered to work at the American Diabetes Association half-marathon and to serve as mentors at Hunt-Mapp Middle School in Portsmouth.

The organization has grown tremendously in the last two years. It recruited many new members from Africa, the Caribbean and the United States. The unity and the friendly spirit of the organization helped the members in putting together the organization's first annual Cultural Night, featuring dances, music, poetry and authentic clothing and food in the spring of 2003. To promote unity and develop networking among the African and Caribbean community in Hampton Roads, ACA sponsored the iDiaspora United dinner on October 24, 2003. The event was applauded by the community and will become an annual gathering. Future major events of the ACA include a Mini-Carnival and the 2nd Annual Culture Show in the spring. The African Caribbean Association remains committed to promoting the interests of African and Caribbean students. It strives to promote an awareness of African and Caribbean cultures and continues to foster unity among all students at Old Dominion University.

By Nicole Turnbull, John Leconte and Fatim Mbaye





A

Aviation Club

Naval Aviation is the community within the Navy that involves the use of land and sea-based aircraft for the missions of forward naval presence, sea control, and projection of power ashore. Naval Aviators are the men and women who pilot these aircraft, and they eventually rise to command the air wings aboard aircraft carriers. The members of the ODU NROTC Unit Aviation Club are Midshipmen and Officer candidates who are motivated to pursue careers in Naval or Marine Corp aviation. Meetings, guest speakers, films, and trips provide members with practical knowledge of the aviation community, as well as skills conducive to success in flight school and beyond.

By Brooks Leitch



Catholic Campus Ministries

Catholic Campus Ministry at Old Dominion University strives to create a welcoming and hospitable environment for all students. We begin our welcoming each year with the CCM Open House in the first week of classes.

Students are encouraged to drop in, see what CCM has to offer and make new friends. This year we ended our Welcome Week with a "Back to the Books" Bar-B-Q in the backyard of CCM. Students enjoyed pin pong, icebreakers, good food, and each other's company. Some went away especially pleased with the door prizes that were given away. The student leadership team works diligently each year to plan programs and events, as well as many service projects that help college Catholics integrate faith and daily life.

By Matt Gilchrist



E

Ebony Impact Gospel Choir

Ebony Impact Gospel Choir was established on the campus of Old Dominion University in 1977 by Mrs. Carolyn Bell and Mrs. Carolyn McCollum. Ebony Impact began as a social club, but it evolved into what is now known as Ebony Impact Gospel Choir. Our mission and purpose is to spread the Word of God through song throughout the campus of Old Dominion and the surrounding communities. Each February, we host our Annual East Coast Gospel Festival. The Gospel Festival brings together college choirs from up and down the east coast to participate in our concert and weekend events. This year, our 6th Annual East Coast Gospel Festival was held on February 27-28th in the Webb University Center. The Gospel Festival weekend events included Friday Fun Night, other festivities and the Saturday night annual concert concluded the weekend festival. Ebony Impact also sponsors weekly Bible Studies in Webb Center every Tuesday during Activity Hour. The rehearsals for the choir are held every Wednesday night in the Diehn Fine and Performing Arts Building, room #107. If you are interested in joining Ebony Impact, or if you would like to find out more information about us, please do not hesitate to contact us. You may reach us at 683-5488 or via e-mail at ebony_impact_odu@yahoo.com. All students are welcomed to join!

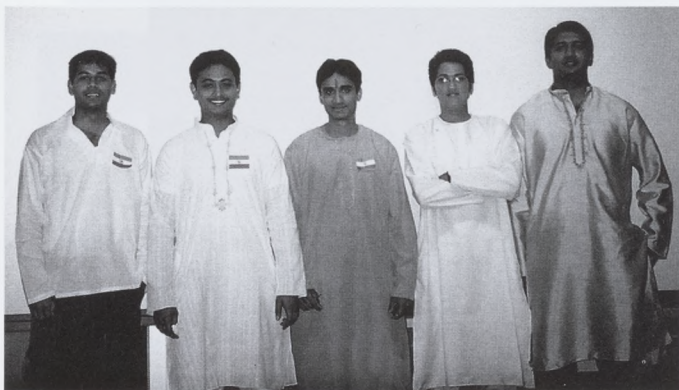


F

FASA Filipino American Student Association

The Filipino American Student Association was founded on April 5, 1991. The organization was established to contribute to the awareness and preservation of Filipino culture and heritage throughout ODU and the community. FASA is open to everyone who is willing to learn and participate. Each Spring, FASA holds its annual Culture Night, an event that showcases the Filipino culture through dances, songs, skits, and food. The 2003 Culture Night was nominated for "Show of the Year" at ODU.

By Jenny Dizon



Indian Student's Association

The Indian Students' Association is the largest international student organization at ODU, comprising about 300 students from different parts of India. The primary role of this organization is to help the new students from India make a smooth transition to the American way of life. At the same time, we try to showcase our own culture and traditions to others through a variety of events, such as the celebration of the Diwali festivities, cricket matches (cricket being the most popular sport in India), Independence Day celebrations, etc. One of the major events conducted every year is the India Fest, which is organized by the AIHR (Asian Indians of Hampton Roads), an association of the Indian population around the Hampton Roads area. This event is organized in collaboration with our student organization, which contributes volunteers who participate in various cultural programs. These events allow people from other countries an opportunity to learn more about our country and help the Indian students feel more at home here in the United States.

By Rahul Ravishankar

Mace & Crown

The Mace & Crown started serving the campus of Old Dominion University in 1930 when the campus was still part of the College of William & Mary. Known then as "The High Hat," the name was changed in 1961 to the current title. The Mace & Crown has a staff dedicated to providing news, entertainment, sports and features to the campus community each week. The staff uses the Mace & Crown to jumpstart careers in writing, graphic design, photography, copy-editing and advertising.

The Mace & Crown provides in-depth coverage of campus events, keeps students aware of upcoming events on Page 2's "Around Campus" and also provides a forum for students and writers to speak their mind in the weekly "Commentary" section. Other weekly features include the NFL Picks of the Week by the Mace & Crown sports staff and the sports staff at the campus radio station WODU. Mace Sports has become one of the most reputable campus sports sources in the nation. Sports commentary, features and game coverage are second to none.

The Mace & Crown is designed using QuarkXPress, the industry standard in newspaper design. Designing at the Mace & Crown gives students the experience necessary for the world of design in the print media industry. Mace & Crown writers, photographers and graphic designers have gone on to work at both major Hampton Roads newspapers, The Virginian-Pilot and the Daily Press along with several smaller weekly tabloid papers such as the Yorktown Crier, Suffolk News Herald and Virginia Gazette.

The biggest news stories of 2003-04 have been Hurricane Isabel's landfall on the East Coast, the Ted Constant Convocation Center hosting an NBA preseason basketball game, the ascension of the Old Dominion men's soccer team to No. 2 in the nation, in addition to profiling the Lit Fest and Sexual Assault Awareness Week and the 11th Wacky Olympics.

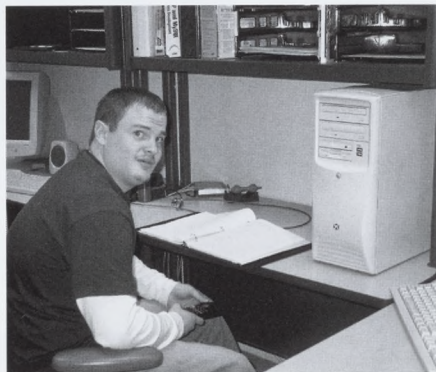
The Mace & Crown also works closely with the MaceAndCrown.com website, the online edition of the paper which also provides web-exclusive content, forums and a home for the Monarch Maniacs. The writers and Editorial Staff of the Mace & Crown believe that student papers have a responsibility to the campus and the students to present the news in a balanced, yet student-oriented point of view and to hone skills that will help those writers and Editorial Staff pursue career goals. Publishing twelve issues a semester and a PREVIEW issue during the summer, the Mace & Crown flew off the racks, which were placed in campus buildings, dorms and businesses adjacent to the University, in 2003-04 like never before.

By Jason Bryant

M



Mace & Crown.com



News from around campus, horoscopes and in depth sports coverage are all staples of the online edition of The Mace and Crown, ODU's student newspaper. The majority of our content is derived directly from the print edition of Mace; however, we bring to the table up to date school resources, polls, and online exclusive stories. The Mace forums are the jewel to our crown. Students can go to our forums to post opinions, complain about things they don't like, debate or just talk about the newest blockbuster movie. Our polls add a level of interaction that you can't get from the print edition. We have used the polls as a means of finding ways to better serve the student body, to gauge the views and concerns of Old Dominion students as well as see who is likely to win the Student Body President election.

Dot Com has two missions; first and foremost, we are here to create a greater awareness of Old Dominion University-related news and events among the student body. We are also committed to bring to the web the content produced by the students involved with the print edition. No prior HTML experience is needed to join Dot Com. We have training sessions, and our members are willing to help new members with their web development skills, from teaching HTML basics to working with Java script. Our writers and photographers get to cover events on campus including WODU concerts and sporting events. Outside of school, we participate in community service projects and help strengthen and better our community.

The MaceAndCrown.com is a good opportunity for beginners in coding to learn and hone their skills. The close-knit organization provides a great way of making friends, and many of the members actually hang out with each other. Dot Com could be a fun, fulfilling experience for anyone interested in writing or web development.

By Micah Jones

M



N

National Student Speech Language Hearing Association

The ODU chapter of the National Student Speech Language Hearing Association seeks to provide professional growth and socialization opportunities for students who are interested in pursuing careers in speech pathology or audiology. With a growing membership of undergraduate and graduate students, we support philanthropic activities that help raise awareness of the issues that many of our future clients face. We participate in the ODU Buddy Walk and Relay for Life in addition to sponsoring our own fundraising events such as our annual Silent Auction. Through the generosity of individuals who support our Silent Auction, we have been able to financially support many causes, including Operation Smile and Camp Gonnawannagoagain, which provides summer camp opportunities for autistic children.

Our 2003-2004 officers include Wendi Varvel (President), Courtney Holmes (Vice President), Andrea Racz (Secretary), Rossana Aponte (Treasurer), Emily Rodriguez (Membership Co-chair), Kelly Rogers (Membership Co-chair), and Janet Strobel (Historian). We are greatly appreciative of our advisors, Mrs. Kathy Fleming and Dr. Anastasia Raymer, for their constant support and guidance.

By Wendi Adkins



Omicron Delta Kappa

The Omicron Delta Kappa Society is the national leadership honor society for college students, faculty, staff, administrators and alumni that encourages and recognizes superior scholarship, leadership, and exemplary character. Membership in ODK® is a mark of the highest distinction and honor.

The Society recognizes achievement in five areas:

Scholarship
Athletics
Campus/ Community Service,
Social/Religious Activities, and Campus Government
Journalism, Speech and the Mass Media
Creative and Performing Arts.

Emphasis is placed on the development of the whole person, both as a member of the college community and as a contributor to a better society. Annually, Omicron Delta Kappa sponsors two induction ceremonies and a mixture of creative leadership recognition programs.

By Matt Gilchrist



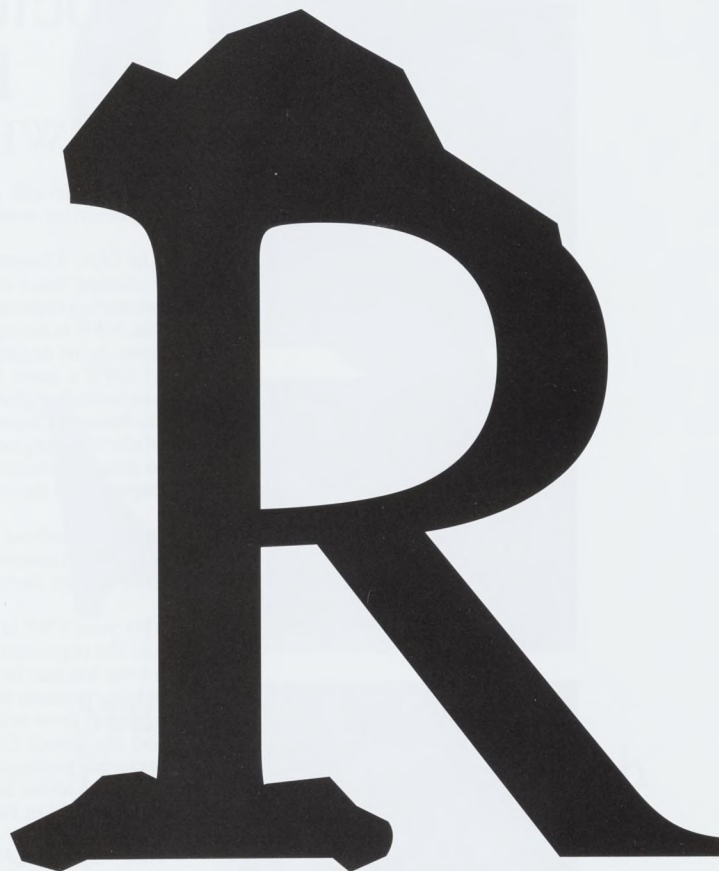
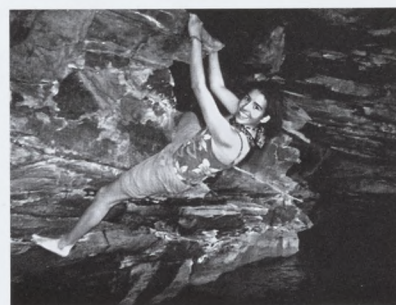
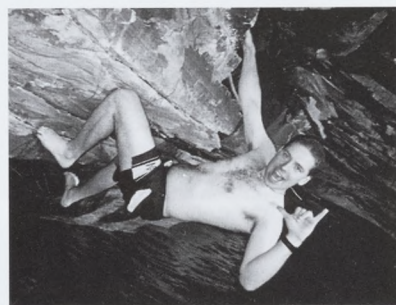


P

hi Alpha Theta

The Theta Xi Chapter of Phi Alpha Theta, the international honor society in history, continues to support the advancement of historical research and publication at Old Dominion University. The chapter welcomed 32 initiates in the 2002-2003 term and has welcomed 22 initiates so far in the 2003-2004 term. Each year, Phi Alpha Theta sponsors a regional conference in which students and faculty from colleges and universities across the state of Virginia present the fruits of their research. The Theta Xi Chapter hosted the 2004 regional conference at Constant Hall and the Ted Constant Convocation Center. Phi Alpha Theta also sponsored or co-sponsored many historical lectures and history-related activities, including a walking tour through Olde Towne Portsmouth, a lecture on historical documentation by Jeffrey Acosta, a lecture on the history of the American South by the College of William and Mary's Visiting Harrison Professor, Bertram Wyatt Brown. The chapter and the History Department sponsored the Presidential Lecturer in History for 2004, Rev. Edwin King, who was very active in the civil rights movement in Mississippi during the 1950s-1960s. The chapter published Volume 11 of *The Old Dominion University Historical Review*, the annual publication of student research.

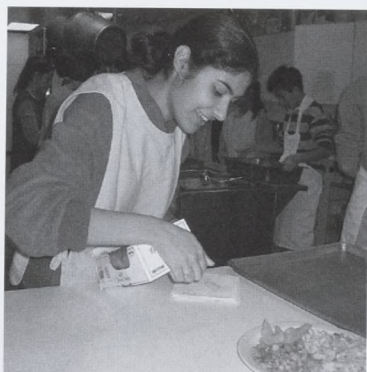
By Brooke Holtslander



Rock Climbing Club

As a special interest club recognized under the Office of Student Activities and Leadership, the new Rock Climbing Club offers a fun opportunity for ODU students and faculty to participate in the sport of rock climbing. We offer members discounted prices at the Virginia Beach Rock Gym and weekly climb nights. We have outdoor rock climbing trips, and we participate in University activities by co-sponsoring events and sponsoring the Annual College Climbing Competition.

By Erika Garcia



Society of Women Engineers

It's SWEet to be an Engineer

Movies. Girl talk. Arguing about color schemes for T-shirts. Female engineering students at ODU still know how to have fun!

The ODU Chapter of the Society of Women Engineers (SWE) is a change from the arduous tasks of the classroom. Aimed at promoting engineering, volunteering in the community and having fun, SWE is an organization that welcomes any students, especially those in the engineering or technology field (including men). One of SWE's most famous alumnae is Alma Martinez Fallon, a mechanical engineering graduate who is currently the President of the National Chapter of SWE. Advised by Dr. Linda Vahala, professor of electrical engineering, SWE members get together twice a month to discuss projects, networking opportunities with professional engineers in the community and social events.

In the past school year, SWE held events at the Dwelling Place in Norfolk, volunteered at ODU's annual WomEngineers' Day and held events during National Engineering Week in February.

This year, SWE is focusing on attracting more female engineers to join the organization. Projects for the year include volunteering at a soup kitchen in Norfolk, collecting plastic bags for soup lines, helping promote the University Recycling Program, co-sponsoring a blanket drive with the American Society of Mechanical Engineers and the Honor Council and pairing up with a mentor from the regional, professional section of SWE. SWE also hopes to send members to the International Institute of Women in Engineering seminar held in Paris, France.

Pam Majumdar, *President*
 Crystal Walden, *Vice-President*
 Jill Gillespie, *Treasurer*
 Nourah Al-Hassoun, *Secretary*

Members:
 Erin Allred, Jennifer Ammentorp,
 Candace Brooks, Sue Kriebel,
 Yolanda Gordon, Genny Hankins,
 Penny Hix, Anita Kaul,
 Erika Mata, Menna Youssef



S

Student National Environmental Health Club (SNEHA)

SNEHA is dedicated to the goal of protecting human health and the environment through academic scholarship in peer-reviewed journals, public health education, community service outreach, field trips, guest speakers, and professional association membership. Our club has initiated or participated in a variety of service activities during its fifteen-year existence at ODU. The pictures tell the story.

Our annual activities include Adopt-a-Highway, Habitat For Humanity, Annual VEHA conference, tour HRSD treatment plant, EPA and CDC conferences.

By Sarah Snyder and James Speckhart

S

Student Senate

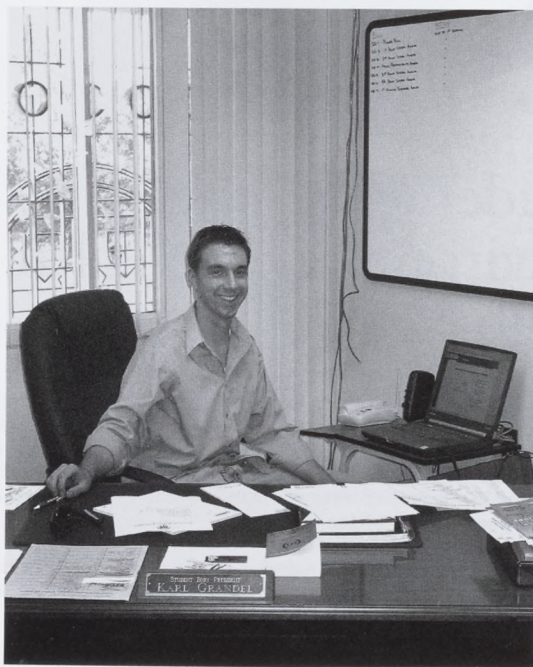
If there is one student organization at Old Dominion University whose sole purpose is to help students, the Old Dominion University Student Senate is that organization. The Senate is here to serve as the voice of all students, whatever their issues or concerns may be.

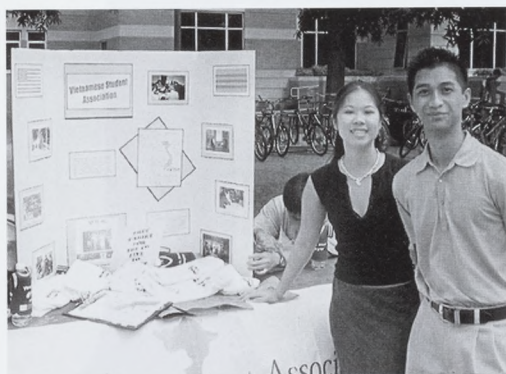
The Senate meets once a week in a General Assembly meeting where all its members and members from the public join together to debate the issues facing students. These meetings are serious; they are the place where real issues are discussed and real solutions are suggested and voted on. The Student Senate is responsible for representing students to ensure that Old Dominion University is the best it can be, both academically and administratively, during a student's University experience. Even though the Senate is an organization with an intense setting during meetings, the intensity of the meetings should not fool you. The Senate is full of fun during non-business hours! Members of the Senate often go out to dinner after a meeting and participate in Homecoming activities, Relay for Life, and a multitude of other University events.

Being a member of the Senate allows you to meet many Old Dominion students. When meeting with students, Senators ask critical questions about how the University can improve the student's experience at Old Dominion. Senators are given the opportunity to leave their mark on the University by tackling an issue and creating a solution that will remain in place for years to come.

The Senate door is always open to all students. The executive officers and Senators constantly look forward to working with each and every student in the days, months, and years to come.

By Karl Grandel





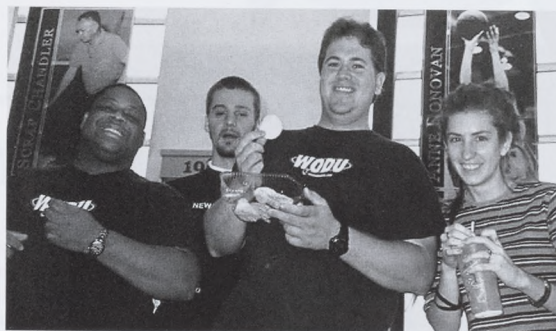
V

IETNAMESE STUDENT ASSOCIATION

The Vietnamese Student Association of Old Dominion University promotes the awareness of social issues involving Vietnamese and Vietnamese Americans. We support the Vietnamese culture by participating with FASA, APASU, Multicultural Student Services and other student organizations to sponsor programs that will benefit our members, our campus and our community.

In the past, we performed as models and dancers for the Multicultural Student Services Fashion Show and volunteered for the Universal Band Experience. We are known for sponsoring Egg Roll Night, when we make, cook, and eat egg rolls together and the Tet Show, our annual Culture Show when we perform skits, acts, dances and songs while attendees sample Vietnamese food. On an annual basis, we help raise funds for Relay for Life and the American Cancer Society and dress up in costumes and pass out candy to kids at Webb Center, along with other student organizations, for Halloween Trick or Treat. We will also co-sponsor Cipher, a group of spoken word acts.

By VC Crisostomo



WODU

WODU is Old Dominion University's student run radio station. Based in the Webb Center on campus, students enjoy the opportunity to broadcast their own free form, non-commercialized radio shows over the Internet and the University's cable system. Themes for shows range from rock and alternative to rap and hip-hop to talk and news. There are also openings to be involved in other aspects of radio as well, including production, promotion, and business, for those students who may not be attracted to an on-air role. WODU offers these options to allow interested students to explore the intriguing world of radio and communications.

By Rome Gehrig



B

Bahai Club

For the 2003-2004 academic year, the Baha'i Club has chosen to focus on the theme, "the harmony of science and religion." We are planning a series of talks and panels for discussion that will include various academic departments in the University. We aim to host a science and religion week at ODU during the Spring 2004 semester. On October 9, 2003, the Baha'i Club was represented at the Inter-Faith Council, and we plan to be involved in another Inter-Faith Council during the Fall 2003 semester. It is our hope to work with some of the other societies and organizations at the University to sponsor programs that will support our theme for the year.

By Mandy Allen

BLACK AND GOLD SOCIETY

Black and Gold is a student organization that engages in numerous on and off campus activities such as the Army 10-Miler, bingo, blood drives, Founder's Day and Veteran's Day ceremonies. Additionally, the Black and Gold Society has a Color Guard team that represents the University and the ROTC program at parades and sporting events as bearers of the American flag, the Virginia State flag and the University flag. Intramural sports are another big part of the society; they give members the opportunity to compete in flag football, softball, basketball, volleyball and soccer games. The Black and Gold Society is an excellent way for cadets to make their presence felt on campus, off campus and within the community.

Honor Council

Dedicated to Integrity:

"Is that an academic honors program?" "Are they the stern arbiters of the Honor Code?" These questions represent two of the common misconceptions when someone mentions the Honor Council at ODU. The Honor Council's role is often confused on this campus. Dedicated to promoting character and academic integrity, the members of the Honor Council are responsible for educating the student body about the Honor Code. Associate Justices conduct classroom presentations at least several times per month, and they also serve on Student Conduct Committee appeal hearings. The Honor Council holds an Honor Day every month. It is an activity held in the Webb Center designed to let students have fun as they learn more about the aspects of academic integrity.

In the past school year, the Honor Council participated in used book sales, the ropes course, Relay for Life, Make A Wish and held essay contests for ODU and high school students.

This year the Honor Council has several goals and projects in mind. Three members attended the annual Center for Academic Integrity conference in San Diego, California, where they were inspired by the students and faculty across the country to do even more for ODU in the quest for integrity. The Honor Council plans to sponsor outreach events to international students at ODU, become more involved in the University community and promote an increase in membership for the organization.

Pam Majumdar - *Chair*
Christina Carlson - *Vice Chair*

Associate Justices

Nourah Al-Hassoun
Nakita Barnette
Brandon Boyles
Kevin Green
Anita Kaul
Michelle Tesoro
Errol Yuksek

M



Minds About Progress

Minds About Progress is a family-oriented organization that strives to promote individual self-awareness in hopes of achieving collective progress amongst the African American culture, as well as other cultures and races. Annually, we sponsor events such as Etymology (our bi-weekly open mic), open forum discussions, a Grand Prize MC Battle, Kwanzaa Celebration, 4 Elements of Hip-Hop for Black History Month, and Sankofa, our annual event acknowledging our ancestral past.

By Barry Bonner and Heather K. Tipton

N

NAACP

The National Association for the Advancement of Colored People as a whole "seeks to uplift the minority races of this country by securing in them the full enjoyment of their rights as citizens, justice in all courts, and equality of opportunity everywhere" (First Annual Report of the NAACP, 01/01/1911). Our purpose as a college chapter is to advance the economic, educational and political status of minorities. One of the most important goals is to establish a sense of appreciation of the minority community's contribution to our nation. We offer students the opportunity to become more involved in the community as well as provide them with the opportunity to work together with other student organizations to build a coalition. Some of the events we plan on an annual basis include Harlem Renaissance, Voter Registration Awareness, Image Awards, general meetings and community activities.

By Shaundrea Faulk

P

Pagan Student Alliance

The Pagan Student Alliance was recognized in September of 2002. Since our inception, we have sponsored two speakers and a lecture panel of ten religious speakers. We sponsored a Medieval Games Day in the fall of 2003 and participated in the Cultural Explosion, sponsored by Multicultural Student Services, and Club Candlelight, sponsored by the Black Student Alliance. We participate in a charity walk-a-thon each year and sponsor programs for the fall and spring seasons. The purpose of PSA is to educate people about alternative religions and promote tolerance of all religions.

The 2003-2004 Executive Board:

O'Malley Brandt, *President*

Joe Whitaker, *Vice President*

Jon-Marie French, *Secretary*

Mary Saburn, *Treasurer*

By O'Malley Brandt

Ranger Challenge Team

The Ranger Challenge Team is a group of Army ROTC cadets who desire to do more and go above and beyond what is expected of them as cadets in the Army ROTC program. The team is designed to enhance individual military skills and provide outdoor oriented adventure experiences. The team competes against several schools in a rigorous competition utilizing all the skills learned in team activities. Among the competitions are the construction of a one-rope bridge, basic first aid, radio procedures, grenades, rifle marksmanship, ruck-marching, land navigation, patrolling, movement techniques and tactics.

RCT

S

SCABBARD AND BLADE HONOR SOCIETY

Scabbard and Blade is an honor society that has high standards and expectations. Members must maintain an academic and ROTC Grade Point Average of 3.0 or higher. The members are active in the community and on campus. They sponsor a mentorship program at Larchmont Elementary School to work with children who are in need. The members of Scabbard and Blade are mentors not only to the children at the elementary school, but they are also mentors to their peers on campus because they are exemplary students and cadets. Scabbard and Blade members strengthen the program through support and aid in recruiting and retention of cadets in ROTC.



GREEK LIFE

GREEK AWARDS

ALPHA PHI

DELTA SIGMA THETA

SIGMA LAMBDA UPSILON

SIGMA GAMMA RHO

ZETA PHI BETA

ZETA TAU ALPHA

LAMBDA CHI ALPHA

ALPHA PHI ALPHA

PI KAPPA ALHPA

PHI BETA SIGMA

SIGMA PI

CHAPTER LIST

GREEK AWARDS 2003

And the results are in . . .

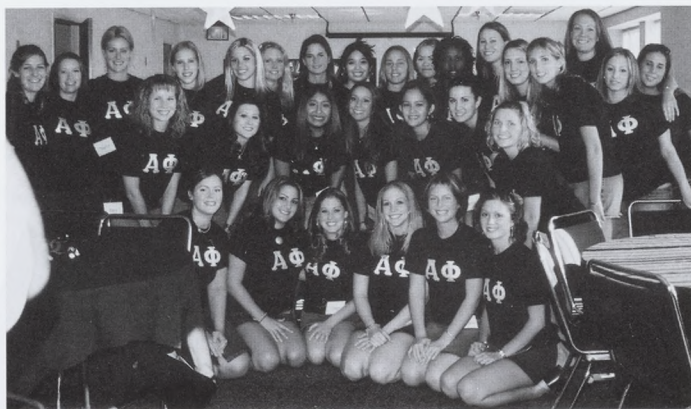
Most Improved GPA:	Phi Beta Sigma & Zeta Phi Beta
Highest GPA for Fall 2002:	Tau Kappa Epsilon & Delta Sigma Theta
Highest GPA for Spring 2003:	Pi Kappa Alpha & Zeta Phi Beta
Outstanding Alumni Award:	Ty West of Pi Kappa Alpha
PHC Outstanding New Member:	Jennifer Cauldwell of Pi Beta Phi
NPHC Outstanding New Member:	Carleeta Sanders of Zeta Phi Beta
IFC Outstanding New Member:	Karl Grandel of Pi Kappa Alpha
Most Improved Sorority:	Zeta Phi Beta & Alpha Phi
Outstanding Greek Woman:	Chanel Alford of Zeta Phi Beta Ryan Thompson of Zeta Tau Alpha
Outstanding Greek Man:	Justin Pinkard of Pi Kappa Alpha
Outstanding NPHC Chapter:	Zeta Phi Beta
Outstanding IFC Chapter:	Pi Kappa Alpha
Outstanding PHC Chapter:	Zeta Tau Alpha
Outstanding Greek Organization:	Alpha Phi



AΦ

ALPHA PHI

The Epsilon Eta Chapter of Alpha Phi at ODU has grown over the last year, almost doubling the previous chapter's size. Through new growth and a revived interest in sisterhood, Alpha Phi was voted Most Improved Chapter in the 2002 ODU Greek Awards. The Chapter had a successful Fall Recruitment in 2003 with themes that symbolized what Alpha Phi stands for. These themes included Reach for the Stars, a coordinating heart theme for Cardiac Care philanthropy, and a skit that allowed the unique personalities of Alpha Phi to shine. Already in 2003, Alpha Phi has participated in the Virginia Zoo Breakfast with the animals and also a YMCA Run. In February, the sisters held their annual Heartthrob action in Webb Center to raise funds for Cardiac Care. Cardiac Care, the main focus of the philanthropy aspect of Alpha Phi, focuses on the heart care of women. In 2002, the sisters raised over five hundred dollars in less than an hour. Alpha Phis at ODU support programs that perpetuate life-long pride and loyalty. Alpha Phi is looking toward the positive future of its chapter, the ODU Greek community, and the new look of Old Dominion.



DELTA SIGMA THETA SORORITY INCORPORATED



Delta Sigma Theta Sorority, Inc. was founded January 13, 1913 on the campus of Howard University by 22 educated Black women. The Lambda Eta Chapter of Delta Sigma Theta Sorority, Inc. was chartered on the campus of Old Dominion University as the first, Black, Greek-lettered organization on Sunday March 17, 1974. The illustrious women known as "The 11 Shining Stars," paved the way for qualified, college educated women to become a part of a sorority that focuses on sincere sisterhood, significant scholarship and stellar service. Approaching our 30th anniversary, the Lambda Eta Chapter has conveyed these ideals by holding leadership positions in various organizations such as Black Student Alliance, Office of Residence Life, Student Ambassadors and Circle K International. Chapter members have also received honor designations such as the Dean's List and the Golden Key National Honor Society. Programs and activities sponsored by the Sorority are designed to help uplift the surrounding community, and those programs and activities include:

Σ Delta Happy Hour: involved using an interactive game to educate students about alcohol awareness

Σ Campus Clean Up: involves students in cleaning the environment

Σ Delta Community Watch: aimed to inform students about political issues within the community

Σ Throwback Movie Night: gives students a break from studying

Σ Delta Academy: works with children between the ages of 11-14 to enrich their knowledge in the areas of mathematics, science and technology

In the future, the Lambda Eta Chapter will maintain its commitment to the community by defining itself as a sisterhood based on public service.

"Intelligence is the Torch of Wisdom"



SLU



Sigma Lambda Upsilon Senoritas Latinas Unidas

One year ago four women recognized a need for diversity and wanted to create a voice for Latinas on their campus. They sought out an organization that would inspire them with its professionalism, determination, leadership, cultural awareness, academic excellence and, most of all, an everlasting sisterhood. When they came across Sigma Lambda Upsilon/Senoritas Latinas Unidas, Sorority, Inc., they felt and knew that this was the one.

On March 30, 2002 these four women founded the first and only Latina organization on the campus of Old Dominion University in Norfolk, VA. The women, who make up the Alpha line of the Oustantaceous Omega Chapter of Sigma Lambda Upsilon/Senoritas Latinas Unidas Sorority, Inc. are:

Hermana Dahlia Bibbins Velarde "Afortunada"
Hermana Jessica Tirado "Azucena"
Hermana Mayra Espinoza "Conmovida"
Hermana Sonia E. Besares "Zarzuela"

Whatever obstacles and criticisms they encounter, they will strive to educate and be successful leaders on their campus, as well as in its' surrounding communities HASTA LA MUERTE.

SIGMA GAMMA RHO SORORITY INCORPORATED

The Theta Chi Chapter -- "Bigger and Better Than Ever!"

With the addition of Rhoyal Divinity, Theta Chi's "rhoyally divine" spring 2k2 line of four, the chapter grew to a membership of seven, the most it has seen in years. These seven dynamic ladies include Jacqueline Greely, Takeya Terry, Latrece McKnight, Zamora Hill, Nyiesha Tull, Andrea Jones and Arnette Thorne. Over the past year and a half, the "Classy" Theta Chi Chapter of Sigma Gamma Rho Sorority Incorporated has proved itself to be a force to be reckoned with. For the 2002-2003 academic year, the chapter was recognized for having the highest overall grade point average in the Greek community, and Zamora Hill, number four on the Rhoyal Divinity line, won the honor of being the most outstanding new member to the Greek community.

Not only were the ladies making strides on the campus of Old Dominion University, but they were taking the community by storm as well. Volunteering for CHKD, Project Reach, Things Remembered and local food banks typified their weekends. The rejuvenated Theta Chi chapter held its first annual Youth Symposium and Youth Step-Off under Operation KOYAP, which stands for Keeping Our Youth Active Positively. Organized by Latrece McKnight, the event proved to be a huge success. The Youth Symposium brought together youth from around the Hampton Roads area, and for four hours, they were able to meet, mingle and discuss ways to stay positive in their communities. The Step-Off proved to be a success in that it gave local youth a means by which they could display their talent. By spring 2k3, the chapter introduced four new members, Kendall Shearn, Nichelle Williams, Nicole Merrell and Felicia Ford on the C.I.N.E.M.A. 4 line.

The chapter's current members, Takeya Terry, Jacqueline Greely, Kendall Shearn, Nicole Merrell, Felicia Ford and Nichelle Williams, have picked up where they left off in the 2003-2004 academic year. The ladies are part of many great things at ODU this year and have a lot of things in store. Watch out ODU! Theta Chi is back, and it is bigger and better than ever!



ΣΓΡ

ZΦB

ZETA PHI BETA SORORITY INCORPORATED

Zeta Phi Beta Sorority, Incorporated was founded on the campus of Howard University on January 16, 1920. Zeta Phi Beta Sorority was founded on the principles of Scholarship, Service, Sisterly Love, and Finer Womanhood. The members of this organization are women who strive to excel far beyond their potential. The Rho Nu Chapter is Old Dominion University's chapter of this organization. The young ladies of the Rho Nu chapter of Zeta Phi Beta Sorority set high standards for their members and work toward helping others in all of their endeavors. Throughout the school year, the chapter members sponsor programs that uplift the community as well as those that benefit the less fortunate. Of the sororities on campus, the Rho Nu chapter of Zeta Phi Beta Sorority held the highest GPA for spring 2003. Individual members of the chapter have received awards such as Outstanding Student Leader. During the 2002-2003 school year, this organization won the award for the Multicultural program of the year for a program it cosponsored with a number of other Greek letter organizations. This chapter also provided over 300 hours of community service through volunteering at elementary and middle schools, making sandwiches for the less fortunate, donating clothing to the homeless, packaging food for Thanksgiving and doing a host of other community service projects. The women of this chapter are devoted to service and continue to uphold the principles of their sorority.



Every semester **Zeta Tau Alpha** brings a new member class of women into the fraternity. Our aim is to teach them the values a Zeta Tau Alpha carries with her. New members learn about our history and our future; they learn what sisterhood is and what its place in the Greek community is. Yet the lessons learned over the course of a Zeta's time in college are more valuable than anything a New Member Educator can teach a new member. Zeta will say goodbye to thirteen sisters over the coming spring and fall. When asked what they learned from their time as a Greek, some of them had this to say:

Michelle Middlebrook, Initiated Fall 2000: Being a member of Zeta Tau Alpha has changed my life. I have met so many new friends, some of which will be life long friends. I have learned to be patient when things don't go as planned, to be open to new experiences and people who are different than I am. I gained a pride in Old Dominion University because of the activities that we participate in; I learned that volunteering for a good cause is the best gift that a person could give. I have never regretted my decision to become a Greek. I take pride that I can tell my friends and family that I am a member of Zeta Tau Alpha and just one of the many proud Greeks at ODU and around the world. *Spring 2004, Biology*

Crystal Benjamin, Initiated Spring 2001: Zeta Tau Alpha taught me the essence of true womanhood. I can honestly say that I have discovered my true self through this fraternity, and I am forever proud to wear the ZTA letters. *Spring 2004, Communications*

ZTA

Crystal Hawkins, Initiated Fall 2001: In ZTA, I gained family, leadership skills, a true college experience, and lifelong friends. As a graduating senior, I can say with a tear in my eye and a smile on my face that I've had the time of my life, and I owe it all to ZTA! *Spring 2004, Human Services Counseling*

Lisa Mullins, Initiated Fall 2001: I've gained friendship ties that will last a lifetime, and I've had experiences that led to the best 4 years of my life. The one thing that I have learned from being Greek is that your time in college will fly, but the friends you make will give you friendship bonds that extend far beyond these college walls. Becoming a Zeta Tau Alpha woman was the best decision I ever made; I will look back on my years at ODU and know that I am extremely proud to be an ODU Greek. *Spring 2004, Criminal Justice*

Ryan Thompson, Initiated Spring 2002: Being a Greek on ODU's campus has shown me another side of ODU. I have had the opportunity to meet and learn from some of the most amazing leaders on this campus. My Zeta sisters have taught me respect, tolerance, and that family extends beyond childhood walls. Being Greek has heightened my school spirit and given me a balance of both academics and social life that makes me proud of my school, my sorority, and my collegiate years. *Sp 2004, Marketing Education*



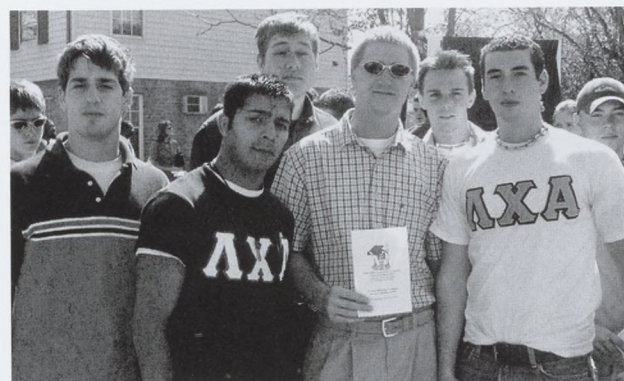
"In the more than 200 years since the founding of the first fraternity in America, the Greek community has survived several wars, depressions, and wave after wave of criticism and pressure. Yet fraternities have not only survived, they continue to grow."

Lambda Chi Alpha at Old Dominion University has established itself as one of leading Greek organizations in many aspects. The most we are proud of is brotherhood. We feel that it is essential in your college experience to really experience something; Lambda Chi Alpha can offer you that. We are a brotherhood that stands hand and hand with a commitment of excellence to academics, patriotism, morality, and fraternity. We have adopted an open motto, "Vir Quisque Vir"- Every Man of Man. These words were written nearly a half century ago-yet they are as applicable today as they were then-perhaps more so than ever before. We believe that in order to become something in this world you have to accept yourself as a man. We are here to accept and strive for a higher understanding of man.



"In reading the lives of great men, I found that the first victory they won was over themselves...self-discipline with all of them came first."-Harry S. Truman 33rd President, Lambda Chi Alpha

The vision of Lambda Chi Alpha Fraternity is to prepare and encourage collegiate men of good character, high ethics, and noble ideals to contribute positively to the world in which they live. The chapter at Old Dominion University, Sigma Iota, has been established as one of the largest on campus organizations involved with many ongoing philanthropy projects. This year we started, with four other local higher educations, the first Habitat for Humanity that this University has seen. Helping others, is not only one of our expectations, but it's something we take pride in. Undoubtedly, you have expectations of Lambda Chi Alpha. You expect Lambda Chi Alpha to be a source of good times, learning experiences, and lifelong friendships. You also expect Lambda Chi Alpha to help you realize your goals in college and beyond. Through a stimulating environment, you expect to advance as a student, leader, and member of society. This is possible through the unique structure of the Fraternity and the moral support of your brothers. You also expect positive social opportunities that will be enhanced through close friends and good fellowship. You expect your time with Lambda Chi Alpha to be rewarding and worthwhile. Overall, you expect Lambda Chi Alpha to be a great fraternity; which it is. At Sigma Iota, we always welcome new faces and encourage others to take that step in their life and become an actively involved Greek. What better time to start than now?



ALPHA PHI ALPHA

Alpha Phi Alpha Fraternity Inc. was founded on an ICE COLD Tuesday, December 4, 1906, establishing them as the first intercollegiate black fraternity. Founded under the principles of Manly Deeds, Scholarship and Love for All Mankind, the men of Alpha Phi Alpha still seek to find the best potential brothers. The Nu Theta Chapter of Old Dominion University upholds these principles by maintaining the highest fraternity GPA and always lending a helping hand when possible. The brothers of the Nu Theta chapter are very involved in the community by helping out the Boys' and Girls' Club, Salvation Army, Youth Step Teams, Voter Registration and many other volunteer projects. The Alphas are very active on campus in facilitating programs to engage and educate students to help them make the right decisions in life.



AΦA

ΠΚΑ

PI KAPPA ALPHA

Zeta Iota Chapter

The Pi Kappa Alpha Fraternity is a brotherhood of individuals committed to four main ideals. We strive to be scholars, leaders, athletes and gentlemen in our everyday lives. Last year, our community service and campus involvement resulted in countless awards and recognition. We were awarded Fraternity of the Year, Greek Man of the Year, Best Community Service Award, and the OSAL's Most Outstanding Student Organization of the Year. We also won our International Fraternity's most coveted award, the Robert Adger Smythe Award for Outstanding Chapters, an award given to only fifteen of over two hundred Pike chapters. This puts us in the top 7% percent of all Pike chapters.

As a group, we have amassed many community service hours and philanthropy donations by putting on various programs such as our annual Christmas Tree Lighting and Pikes on Your Side. By having a large chapter of diverse individuals, we can be involved with many projects on campus. In addition to community service, we are very active on campus. We have many leaders in other student organizations, from the crew team to the office of the student body president. You cannot go to an ODU basketball game without seeing a crowd of Pikes cheering on the home team. Besides supporting ODU athletics, we are very competitive on the intramurals field, and we have won many championships in various sports.

We also have a lot of fun by hosting socials with sororities and brotherhood events with the chapter and our alumni. Every year we have a formal in which we conclude the academic year and go out with a bang. Pi Kappa Alpha is a lifelong friendship that helps open doors. It makes men out of its brothers by getting them involved on campus and giving them responsibility through various committees. Pike is a great way to spend your years at ODU, and we welcome all men to come see what it's all about.



PHI BETA SIGMA

Phi Beta Sigma Fraternity, Inc. was founded at Howard University in Washington, D.C., January 9, 1914, by three young African-American male students. The founders, Honorable A. Langston Taylor, Honorable Leonard F. Morse and Honorable Charles I. Brown, wanted to organize a Greek letter fraternity that would truly exemplify the ideals of brotherhood, scholarship, and service. The founders deeply wished to create an organization that viewed itself as "a part of" the general community rather than "apart from" the general community. They believed that each potential member should be judged by his own merits rather than his family background or affluence . . . without regard of race, nationality, skin tone or texture of hair. They wished and wanted their fraternity to exist as part of even a greater brotherhood which would be devoted to the "inclusive we" rather than the "exclusive we". Our motto is "Culture for Service, Service for Humanity."

Some of our service projects include:

Project S.E.T. (Sigma Education Time): the goals are to increase grade point averages and graduation rates of collegiates throughout the nation; serve as role models to the campus community; ensure that collegiates understand that education must come first for success and empowerment in the new millennium; and dispel prejudices and negative stereotypes of African American men by establishing education as our top priority.

Food Lion and Phi Beta Sigma Fraternity, Inc. gives Thanksgiving meals to hundreds of families in Hampton Roads. On Thanksgiving, the 13 managers of Food Lion stores in Hampton and Newport News were not concerned with sales. They did not care about how many shelves needed to be restocked, how many cash registers needed new ribbons or how many of their "Extra Low Prices" were marked down. Instead, they were more interested in giving back to the community by helping to box and deliver 275 Thanksgiving dinners for families in Newport News and Hampton.



ΦΒΣ

Sigma Pi Fraternity

Sigma Pi came to this campus to change the face of the Greek system at Old Dominion University, and we strive to better our University in every way. We promote a sense of community by holding annual events such as Fire Fighter Appreciation Day, and we encourage brotherhood through our actions and events. Sigma Pi is, and wholly hopes to be, a fraternity of progress because progress is man's distinctive mark alone.



ΣΠ

Π Κ Α Β Χ Δ Ε Φ Α Η Ι Θ
 Κ Λ Μ Ν Ο Π Θ Ρ Σ Τ Υ
 ς Ω Ε Ψ Ζ Α Β Χ Δ Ε Φ Γ
 Η Ι Θ Κ Λ Μ Ν Ο Π Θ Ρ
 Σ Τ Υ ς Ω Ε Ψ Ζ Π Θ Ρ Σ
 Τ Υ ς Ω Ε Ψ Ζ Α Β Χ Δ Ε
 Φ Γ Η Ι Θ Κ Λ Μ Ν Ζ Α Β
 Χ Δ Ε Φ Γ Η Ι Θ Κ Λ Μ Ν
 Ο Π Θ Ρ Σ Τ Υ ς Ω Ε Ψ Ζ
 Π ς Ω Ε Ψ Ζ Α Β Χ Δ Ε
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 Χ Δ Ε Φ Γ Η Ι Θ Κ Λ Μ Ν
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 ς Ω Ε Ψ Ζ Π ς Ω Ε Ψ Ζ Α
 Β Χ Δ Ε Φ Γ Η Ι Θ Κ Λ Μ
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 Θ Κ Λ Μ Ν Ζ Α Β Χ Δ Ε
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 Ν Ζ Α Β Χ Δ Ε Φ Γ Η Ι Θ
 Κ Λ Μ Ν Ο Π Θ Ρ Π Κ Α

Greek Organizations

GREEK

Panhellenic Sororities:

Alpha Phi
 Alpha Xi Delta
 Delta Zeta
 Pi Beta Phi
 Zeta Tau Alpha

IFC Fraternities:

Kappa Delta Rho
 Lambda Chi Alpha
 Pi Kappa Alpha
 Sigma Nu
 Sigma Phi Epsilon
 Sigma Nu
 Sigma Pi
 Tau Kappa Epsilon
 Theta Chi

NPHC Sororities:

Delta Sigma Theta
 Sigma Gamma Rho
 Zeta Phi Beta

NPHC Fraternities:

Alpha Phi Alpha
 Omega Psi Phi
 Phi Beta Sigma

Latina Sorority:

Sigma Lambda Upsilon



FINE
ART



Sean Miller
2004
Senior - Fine Arts Major
Marketing Minor
bluecartoonist@netscape.net

Change,

who doesn't want to change
for the better?
whether you graduatin'
or still contemplatin'
on what major
are you doing it for the love
or the paper?
Do something different today
how about picking up a paper
by Mace & Crown
instead of being in and out
look around
We have a Monorail,
but it doesn't work
who's to blame?
We have a new Convocation
but have you ever been to a game?
You want change, right?
We have great poets on campus
check out an open mic
You want diversity?
should of seen 2003's Cultural Night
Explosion
over 600 in attendance
Next year our numbers will keep growing
everyday there's always something new
going on
you just have to be aware
of what's going on
Instead of walking with your head down
You may want to keep it up
read what's posted up
You don't even have to tell anyone
just show up
experience, have fun,
this is a once in a lifetime opportunity,
don't be scared,
We are all here for a reason,
getting prepared
for the real world
Are you ready for that

change?

I hope so, it's almost time to go
Oh, by the way
My name is Marco.

By Marco Mercado

Rose's Peace

Is it you
or is it the culture that defines me?
Is it the surface of my face
that makes you think
I'm Filipino,
Hispanic,
Native American,
or even Chinese?

If that be the case,
then I guess God has blessed me to be
just about everything
and just about anything.

Is it the splinters in my hands
or the callous at my feet
that makes you think I swing trees
or walk bare feet?

But truthfully,
Let me tell you poetically:

The surface of my face
is the resemblance of my mother
who worked hard everyday
so that I could get an education
and one day
Thank Her.

The splinters in my hands are the paper cuts
from reading 500 pages out of my history books.
The callous on my feet are from the long walks I take
from the garage to BAL; from BAL to Constant Hall;
from Constant Hall to Kaufman Mall.

and if that's all it takes
if that's all it takes to be an educator
then I take pride in Old Dominion University,
I take pride in being a Student Senator,
I take pride in being a poet,
I take pride in my friends,
I take pride in my family,
I take pride in being an
Asian Pacific American Student
who's Mind is strictly About Progressing

Trying to find my roots
make my roots
Plant the seeds
and sow the seeds.

But if you
want to define me
by my culture,
I will pray and hope you change
Because between me and God
I am defined by my Faith!

By Rose Atienza, Feb 2004

Laureate ART Contest 2003

Categories Include::

Graphic Illustration / Digital Art
Drawing / Painting
Sculpture / Photography

Winners will be published
in Laureate Publication

Entries Due By Dec. 5th, 2003

Submit Art at VAB 112 or
Laureate Mailbox - OSAL 2122 Webb Center

All Entries::

Must be in digital format
On a CD-R
Please include name, email
title of work, medium, and
description

For more info::

jlc_art2003@yahoo.com
757.683.6019

Laureate 2003 Contest Entries

LAUREATEART CONTEST

2003

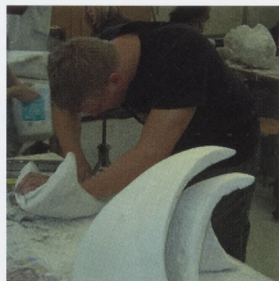
“Yes, ODU does have an art program.”

2003 was a year of design for many ODU Fine Arts majors; the Laureate had over 30 submissions for The 2003 Laureate Art Contest. Coordinators of the contest were Jesse Courtemanche, Lucien Frelin and The Laureate Staff. Topics ranged from sculpture, print, photography, graphic design and illustration, painting and textiles.

The Fine Arts Department houses some of the finest professors ODU has to offer. Such people as Kenneth Fitzgerald, Robert McCullough, Peter Eudenbach and Vic Pickett. All of which have contributed to the design of this book and the works of the contest in one way or another.

The contest submissions were all fine works of art, including the works submitted by students outside of the Fine Arts program. The contest submissions encompassed several weeks of review by the Laureate Staff. Winners were awarded full page layouts in this publication along with plaques of recognition.

By Lucien Frelin



Featured Artists: *Jesse Courtemanche*

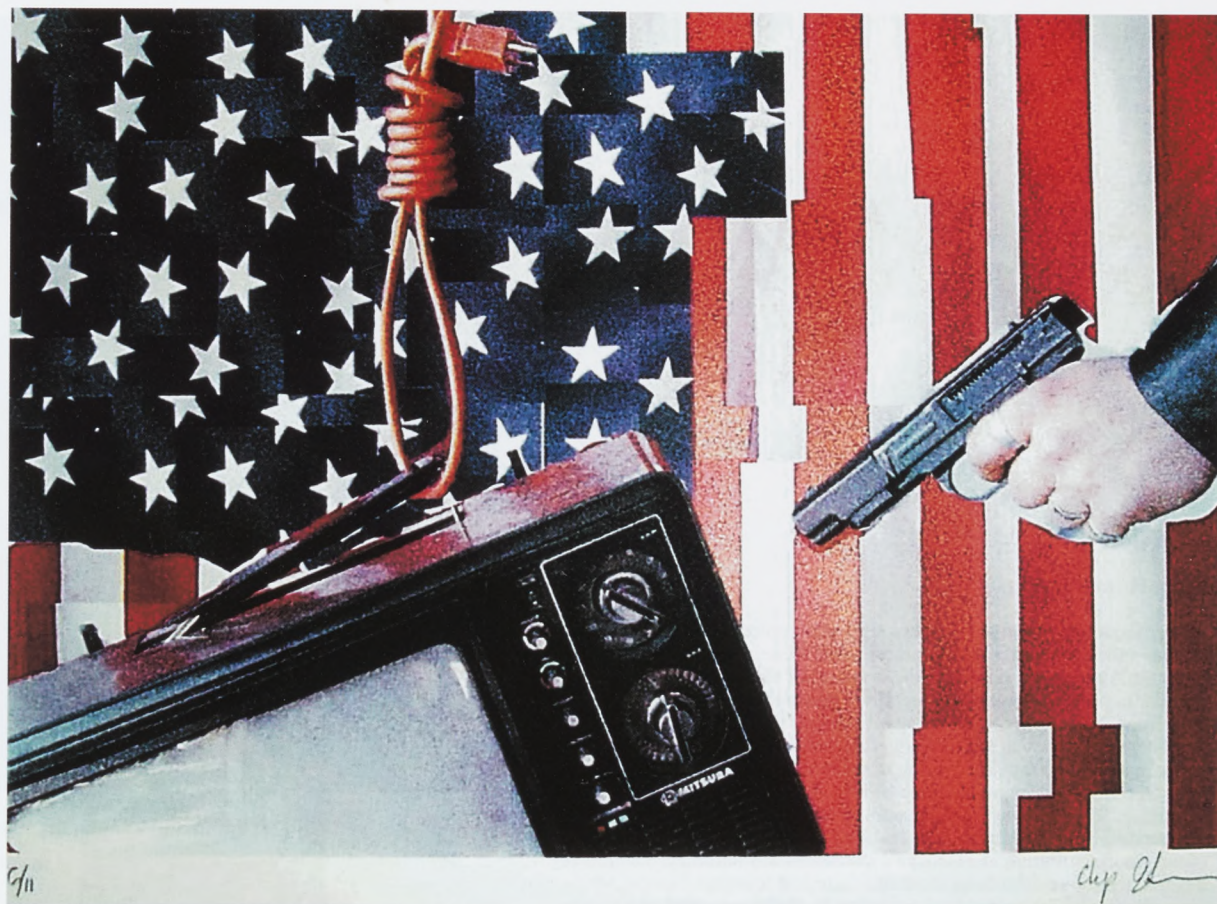
“Tribute to Milton Glaser”

Jesse Courtemanche, a rising senior in ODU’s Graphic Design Program displays his skills in this work. The objective in this poster was to pay homage to an artist. The style and content reflects that of the tributed artist, Milton Glaser. Many students at ODU come across assignments such as these however few handle it as well as Courtemanche.



Jesse Courtemanche
“Tribute to Milton Glaser”
Graphic Design

Featured Artists: *Chip Johnson - First Place*



“Frustration”

This piece is a comment on the overwhelming rule of television in today's society and how it affects the way we view ourselves and others. While flipping channels we are assaulted with a barrage of images, usually in snippets and sound bites. I recreate this feeling by fragmenting parts of the image and reassembling it in a distorted but recognizable form. The American flag can still be discerned even though, through digital surgery, the image was shredded, multiplied, and glued back together in an obscure form. The T.V. does have a positive side. It gives us a connection to the world and can be very educational. However, if we use this window to peer into the world but are afraid to venture out into it, we will meet the same fate as the television in "Frustration"-hung by the very cord that we thought was our life-line.

Featured Artists: *Helena Benda - 2nd Place*

"F3"

Form, Function, Fibers

Using horizontally banded patterns with sharp color contrast, I create fabric inspired by 1950s motifs that were intended to bring the American home out of the drabness of the war years.

Similar to postwar textiles, my repetitive symmetrical designs are screen-printed on cotton using vibrant coral pinks and aquamarines. They are pieced together to form yards of fabric in which the rhythm, spacing of color and design creates a surface vibration by juxtaposing blocks of pattern. Terence Conran, a 1950s designer, said, "Pattern fulfils two fundamental human needs in that it can be both stimulating and tranquilizing." Parallel to Conran's statement, my surface designs stimulate with color, line and form and exert a tranquilizing effect brought to resolution by the emergence of a larger pattern through repetition and rhythm.

As a fibers major, my interest began with learning the basics of textile production such as weaving, batik and dyeing fabric that eventually evolved into fashion design combining printmaking, pattern design and dressmaking. I feel that John Baldessari best describes this journey when he said, "The art that you might really want to do but don't because people would think you were bonkers, that's going to come out eventually, so you might as well attend to it right away."

Helena Benda



"Polka Chip"
Textile Design

Featured Artists: *Jared May - 3rd Place*



"untitled"
Photography

"Untitled"

The aspect that intrigues me the most about this photo is the dark silhouette against the dramatic sky. The clouds, with their interesting shape, spread across the sky and spill out toward the viewer. A faint sunset can be seen in the background, which reflects the light it emits onto the foreground clouds. The statue of the man on a horse reaching for his partner is a very powerful image, and the fact that the statue is silhouette makes the picture even more dramatic. Such powerful images are what I look for when photographing. The light and color a sunset adds to a picture is very beautiful, and I tend to capture some of my best photographs during this time of the day.

Photography is not the only form of artistic expression that interests me. I have also explored other mediums including drawing, painting, printmaking, sculpting, weaving, and graphic design. I have discovered that being diverse in many forms of artistic expression can help to enrich and strengthen one's art.

Eddie Allen

"Free Flowing"

Sculpture /Metal Rods

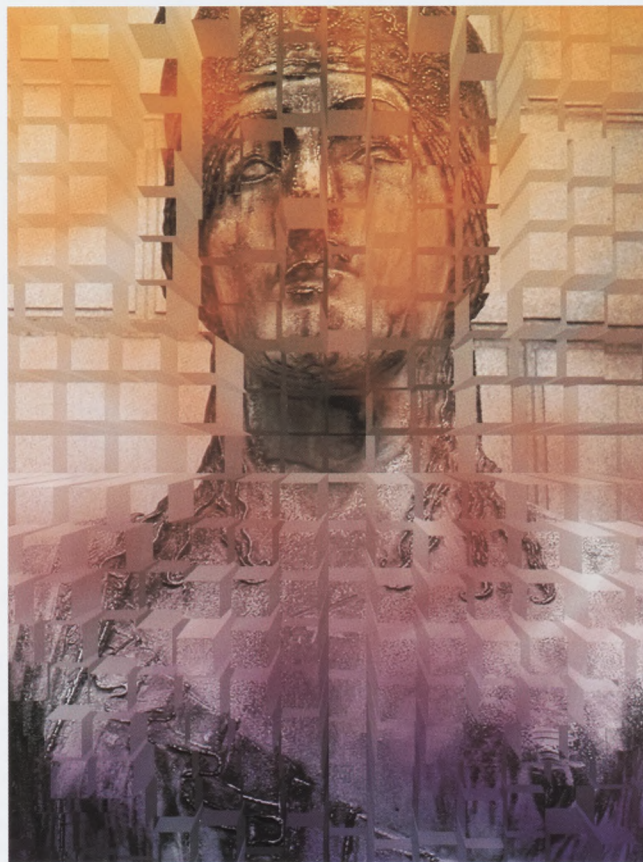
This a project which involved welding
and paint to create an abstract piece of
art. 11.5" X 18" free standing sculpture.



Amber K. LeGendre

"untitled"

Photography Manipulation

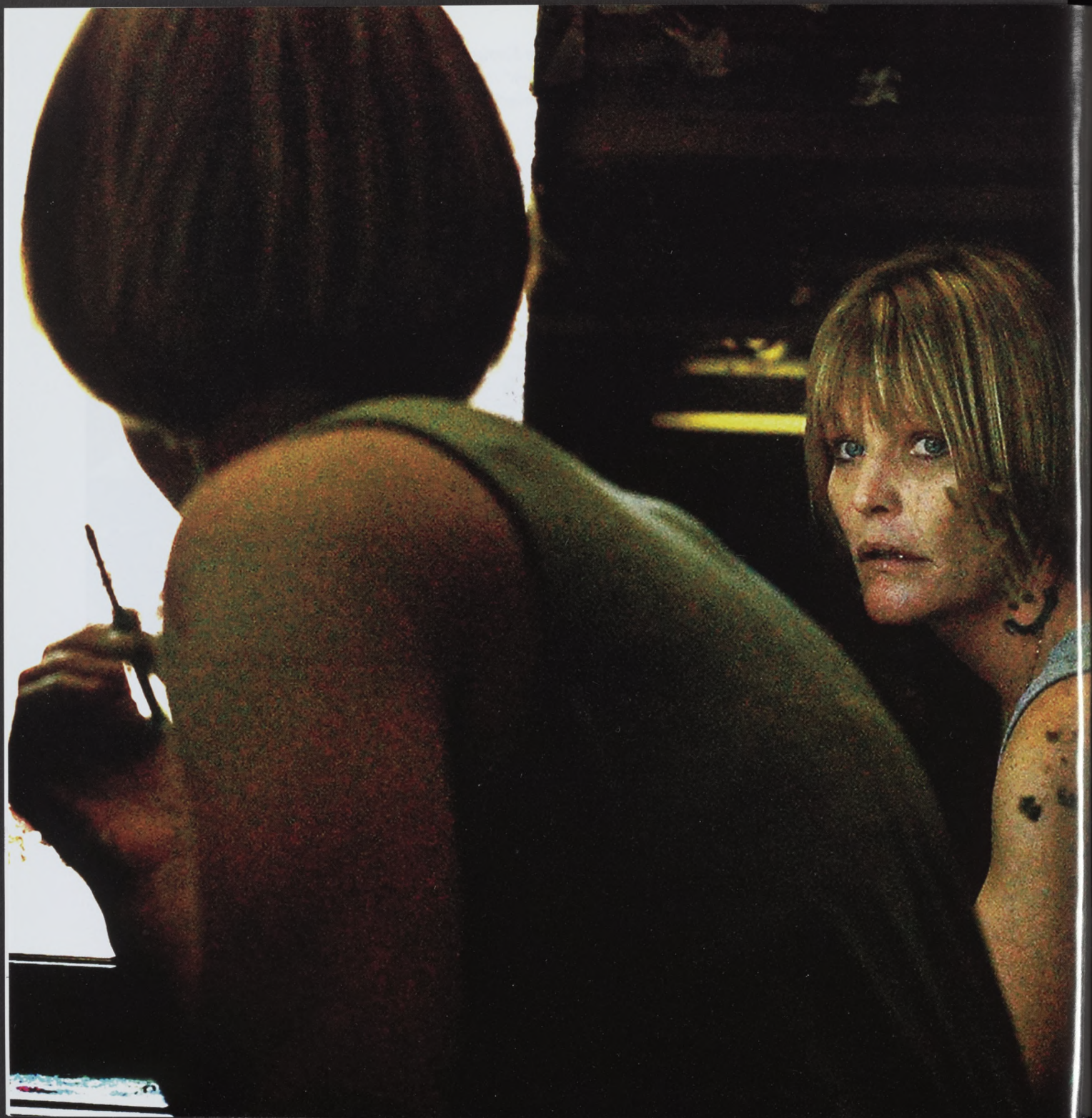


Hannah Byrum
"Princess"
Digital Photo Collage



Jim Ferrara
"watch"
Photography





GRADUATING SENIORS

Senior Toast

(RAISE YOUR FLUTE)

To Old Dominion University

The faculty and friends

These years of our lives

We will cherish forever

As you say goodbye to your college years

All the laughter; all the tears

May you always remember and

Always be true

To your Alma Mater-ODU.

To your past achievements,

Your future success.

May your dreams be fulfilled and

May you never forget your most cherished memories,

Of Old Dominion University.

Dear Students,

In Shakespeare's Hamlet, Polonius is forever giving advice. It is good advice, but his kernels of wisdom like "this above all, to thine own self be true," somehow have a hollow ring. They certainly did not influence the tragic outcome of the plot. Words may well be wise, but they inevitably seem insignificant when held up against life's potential drama. Indeed, such words form nice aphorisms, like the morals of fables. Once an error has been committed, they rub salt in the wound and prior to that we consider them the prattle of elders who no longer know the way of the world. Thus, I will refrain from offering you advice from my extremely small share of wisdom. Wisdom is there for you to gain by dint of your own efforts and the hard-fought lessons you will learn on your own.

Instead of advice, I offer you my most sincere good wishes for happiness and success in all your endeavors. Your professors and the wonderful staff at Old Dominion University will always be here for you, and we hope you will return often to share with us your dreams and your achievements.

You will have each gained much from your education. You will leave with much insight and knowledge, much ability and technique. However, you will have left a part of yourself at Old Dominion. You have become part of the university's proud history, and you are a member of a growing family of some 90,000 graduates who have the ability and the responsibility to return to society some of the good you have gained through your education. I hope that you will devote yourselves to continuing to learn and to improving our world. Along the way, you will gain much satisfaction and pleasure in your good deeds and the wisdom thus acquired. I look forward to hearing from you as you meet the challenges of your future.

Sincerely yours,

Roseann Runte

Roseann Runte
President

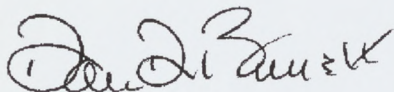


A WORD TO GRADUATING SENIORS:

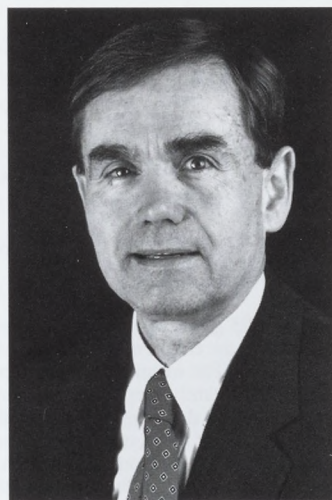
A benchmark is a point of reference, a standard that serves as a basis of comparison. During your college "career", no doubt you have experienced several benchmarks. The instructor who was the most inspiring teacher that you have ever had will forever be the standard by which you judge other teachers. A group of friends who provided support at a crucial time in your life as a student may be the standard that you will try to emulate when you are called upon to provide support for others. A student organization that provided you with the opportunity to develop leadership and interpersonal skills may be the means for judgement of future organizational experiences.

When you began your studies at the University, you had many questions. Perhaps you wondered what major you should choose. Or, you may have wondered if you would meet other students who would become good friends. You may have wondered if you would be able to manage all the challenges of a university education. And, some of you may have even wondered, in the back of your mind, if you would be a good enough student to earn your degree.

A benchmark is also a mark on a measuring device indicating elevation and serving as a reference for tidal observations. It is a way of measuring how high the tide has risen. Your baccalaureate degree is an important benchmark of the height to which you have risen – in the academic skills necessary for achievement at this level, in the personal skill that will serve you well in the future, and in your abilities to succeed in the future. Congratulations on achieving this important benchmark in your life.



Dr. Dana Burnett
Vice President for Student Services



"Your baccalaureate degree is an important benchmark of the height to which you have risen . . ."

Senior Toast 2003

Senior Toast 2003

On December 12, 2003 graduating seniors gathered together with family and friends to celebrate the end of their days as an Old Dominion University undergraduate student. The evening began at 4pm in the North Lobby of Webb Center with an elegantly prepared reception of delicious food. Light music played throughout the lobby while graduates and their families socialized prior to the official ceremony. The program consisted of thoughtful words from three seniors, Karl Crudup, Chanel Alford and Heather Tobey.

These soon-to-be graduates reflected on their ODU experience and enlightened the audience on what s/he felt were the greatest lessons learned at ODU. Each senior speaker ended his/her speech with a few wise words to their classmates. Karl Crudup and Chanel Alford encouraged their classmates to "fight racism because it does exist." Heather Tobey admonished her classmates to "make new friends but keep the old ones because the former is silver and the latter is gold."

The program also included words from President Runte and Catherine A. Tynes-Prestipino, a lan-support technician for Delphinus Engineering and recent graduate of Old Dominion. Mrs. Tynes- Prestipino advised seniors to choose employment based on what they loved to do instead of money because life would be miserable if they made a lot of money but worked in a job they absolutely hated. She also advised seniors to remember to stop, look around, take a deep breath and enjoy the moment as they walked across the stage to receive their diploma because graduation is a momentous occasion, and each graduate should take a moment to appreciate all his/her hard work. The evening ended with the singing of the alma mater and seniors, family and friends raising their glasses for a toast to all graduating seniors by Dr. Dana Burnett, Vice-President of Student Services and Dean of Students, and Karl Grandel, the Student Body President. As the graduating seniors left the cafeteria, each one received a beautiful, champagne glass compliments of the Alumni Relations office to commemorate the occasion.

By Dominica Gray



SENIOR WISDOM

"As we witness the increase of global conflict, it is of the utmost importance that each of you strive to move beyond your cultural comfort zone, in order to connect, in peace, with others. As Martin Luther King, Jr. soberly stated – 'We must learn to live as brothers or perish together as fools.'"

Lesa C. Clark, Director of Multicultural Student Services

"No one ever failed for trying. Life is full of opportunities; take advantage of every one that comes your way."

Don Stansberry, Director of Student Activities & Leadership

"Look at each decision you make through the lens of your future. Ask yourself: How does what I choose to do today, determine who I will be tomorrow."

"Remember to enjoy your life! Your 'work-self' is only part of who you are--Keep the fun side of you alive, too!"

Louise Schatz, Old Dominion University

"We all have different paths. Be open to change and do not fear the detours."

Cathy G. Cooke, M.S., Old Dominion University

"Don't let graduation be your last visit to the campus. Join the alumni for events such as concerts, plays, lectures and athletic events at ODU."

Dr. Fran Hassencahl, Old Dominion University

"Today and everyday of your life, seek to learn, to love, to laugh, and to find balance in all things."

Prof. Thomas F. Cash, Ph.D., Old Dominion University

"All things must change to something new, to something strange."

Henry Wadsworth Longfellow

"Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives."

William James

"There will come a time when you think everything is finished. That will be the beginning."

Louis L'Amour

**"Things do not change; we change."
-Henry David Thoreau**

"The reasonable man adapts himself to the world; the unreasonable man persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man."

George Bernard Shaw

"Change has a considerable psychological impact on the human mind. To the fearful it is threatening because it means that things may get worse. To the hopeful it is encouraging because things may get better. To the confident it is inspiring because the challenge exists to make things better."

King Whitney Jr.

"There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered."

Nelson Mandela

2003 Laureate Staff - Words from the "Creators"

LuCiEn fREliN...designer

I had a great year! It was definitely an experience, good luck to the next designer. A big thanks to Jack Babashanian for driving.

"I'd like to thank these people for helping me out in this project."

Kenneth FitzGerald for the typographic education from GD1 and GD2, also your technical advice for pre-press was extremely helpful.

Jesse Courtemanche, and Jim Ferrara for all your design input and criticism.

Also a big thanks to the 2003 Laureate Art Contest artists and contestants, without you guys we would've had a pretty weak Fine Arts section.

To the Staff: "Very good to know you all, you're help was appreciated sincerely."



*"If I could tell the story in words, I wouldn't need to lug around a camera."
Lewis Hine*

Sonja Y. Foster

I've truly enjoyed the opportunities at ODU to hone my skills as a photojournalist - as photo editor of The Mace & Crown, assistant university photographer and photographer/photo editor of The Laureate. Dominica and Lucien, it was a pleasure. Much success! Thank you to ODU students, faculty and staff who have supported and encouraged me to pursue my goal of becoming the best photojournalist I can be. I'm now ready for the next level

Ohio University here I come!!

Dominica Gray

Each page of the yearbook was created with precision and excellence that I hope will not go unnoticed. I hope each reader is able to reflect on the greatness of our University and gain a greater sense of pride in our alma mater. "Reflections of Change" is a yearbook that sets a standard for future yearbooks. Sonja, Lucien and I aimed to change the face of college yearbooks to a more modern and mature yearbook, and I believe we definitely achieved our goal! My poem at the beginning of the book captures all I want to say about the message I hope I left with this project. To all the readers, enjoy and explore the "Reflections of Change!" To Sonja and Lucien, thank you for a very memorable experience. You are both very gifted in what you do, and it was an honor to work with you! Thanks to everyone who wrote an article, and I would like to extend a very special thanks to Becky Jones of the Writing Center for editing all of the articles to catch grammatical mistakes I overlooked.

Editor 2004



T H E
LAUREATE
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S T A F F

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VOLUME 17

